

CITY OF SPRINGDALE NEWSLETTER

PUBLISHED FOR THE RESIDENTS OF SPRINGDALE, OHIO

A place of honor and remembrance

Work underway on Veterans Memorial

A dream visualized four years ago as a place of honor and remembrance for Springdale's veterans became a reality November 7. Springdale City Council unanimously voted to begin construction of the memorial, awarding a general construction contract to R. E. Schweitzer Construction Company and the electrical contract to Atkins and Stang.

Work is expected to be well underway by year's end, with completion by early Fall 2008. If all goes well, Springdale will appropriately dedicate the new memorial on Veterans' Day, November 11, 2008.



About the Veterans Memorial

The memorial will be located on the northeast corner of Springfield Pike and Lawnview Avenue, among the most visible venues in the city for such a tribute. Those visiting the site will move through a series of architectural elements designed to raise awareness and engender a sense of respect and honor. The memorial includes a public plaza which features an arch of flagpoles displaying the various service flags, anchored by a pole with the American flag.

Memorial paverstones from donors (*see related story on page 2*) will be part of the walkways. Non-veteran names will be placed in the outside walkway leading to two curved stone walls with an illuminated cascade of water over them. A portal opening in the stone walls will guide visitors into a garden at the heart of the memorial.

There, memorial pavers can be purchased to honor veterans and those currently serving in the military. In the garden's center will be life-sized bronze

statues of a soldier and a sailor to emphasize the individual and personal sacrifice given by so many veterans.

A wall of limestone will surround the area, offering a quiet place for contemplation and respect. The focal point of the garden is five memorial stones honoring each military service branch, accompanied by engraved stones of the names of Springdale residents killed in the line of duty.

Planning began in 2000

For years, residents have dreamed of establishing a local tribute to Veterans.

That dream began to take shape in December 2000, when the Veterans Memorial Committee was formed to undertake a feasibility study, suggest sites, create initial designs and develop a realistic budget.

In late 2003, the design for the memorial was unveiled with a projected cost of \$860,000. The plan approved by City Council carries a budget of \$736,852, an amount which does not yet include the cost of the two

bronze service personnel to be placed in the garden area.

When the Veterans Memorial Committee unveiled its plan in 2003, a public appeal began to help generate funding for the tribute.

Tax deductible donations may still be sent to the Springdale Veterans Memorial. Contributions should be made payable to the Springdale Veterans Memorial, and may be sent to 11700 Springfield Pike, Springdale OH 45246.

For community organizations and businesses interested in special levels of philanthropic opportunity, call 513-346-5708 or email admin@springdale.org.



**Be a part of Springdale's
Veterans Memorial**

**Engraved paverstones will
comprise the walkways of the
Veterans Memorial. The
stones can be purchased by
completing the form on page 2.**

I-275 improvements on schedule

The I-275 construction project is progressing on schedule with the completion of Phase I. Work will continue on the eastbound lanes with substantial completion occurring in the Summer of 2008. In addition to ongoing road and bridgework, crews will continue installing sound walls on the south side of I-275 along the project.

During construction, three lanes of traffic will be maintained in each direction, including the "express lane" for those not needing to make an exit in the construction area. Crews first focused attention on the widening of the eastbound lanes, with westbound construction slated to begin in 2008 and lasting until 2010. With construction crews present and temporary lanes in place, the stretch of I-275 will understandably continue to be a traffic concern. To improve the safety of

motorists and construction workers, increased traffic enforcement will continue to be provided by the Springdale Police Department. The speed limit along the construction areas will be **50 miles per hour**, with fines doubled to provide an added incentive for motorists to drive at a safe speed.

Traffic will be maintained on local streets during the day, however, a flagger will shift traffic to alternate lanes and will even stop traffic for as long as 30-minutes during overnight work at bridges at State Route 4, State Route 747, Kenn Road and Chesterdale Road. Work at those locations will be undertaken between 11 p.m. and 5 a.m. to minimize construction impact on busy daytime traffic.

For updated information, visit <http://www.hameastwestexpress.com>

I-275 Work Phases

Phase I (Completed)

Phase II (2007-2008)

Two lanes of eastbound I-275 will continue to be maintained using the new inside lane along the new barrier. A third lane will be marked as an "express lane" for traffic not needing to exit in the construction area. Construction will then shift to the outside lanes with improvements to the exit ramps in the eastbound lanes at SR 4 and SR 747.

Phase III (2008-2010)

Just as was undertaken in the eastbound construction, two lanes of westbound I-275 will be maintained using the existing outside shoulder. A third lane will be marked as an "express lane" for traffic not needing to exit in the construction area. Construction will again focus on the inside lanes first.

Phase IV (through 2010)

Two lanes of westbound I-275 will continue to be maintained using the new inside lane along the new barrier. A third lane will be marked as an "express lane" for traffic not needing to exit in the construction area. Construction will shift to the outside lanes with improvements to the exit ramps in the westbound lanes at SR 4 and SR 747.

Detecting an invisible killer

Carbon monoxide detectors are rapidly taking their place alongside smoke detectors as important, accepted home safety devices. This trend could be the beginning of something important to everyone in the Springdale community, according to Michael Hoffman, Assistant Fire Chief of the Springdale Fire Department.

"Just as fire fatalities have dropped by more than 34 percent in the last 10 years with the increased use of smoke detectors, we hope to see additional lives saved as carbon monoxide detectors protect more homes," he said.

Carbon monoxide is a natural by-product of combustion from fuel burning appliances and is colorless, odorless, tasteless and deadly. The great danger of carbon monoxide is its attraction to hemoglobin in the bloodstream, which normally carries life-giving oxygen to cells and tissues. As even small amounts are breathed in, carbon monoxide quickly bonds with hemoglobin in the blood, displacing the oxygen that organs need to function.

As carbon monoxide accumulates in the blood, the victim will experience headaches, fatigue, nausea, dizzy spells, confusion and irritability. As levels increase, the victim is likely to experience vomiting, loss of consciousness, and eventual brain damage, if not death.

"Carbon monoxide detectors are designed to activate a warning before symptoms appear in healthy adults noted Hoffman.

While carbon monoxide detectors are designed to detect a carbon monoxide leak before family members get sick, if the leak is severe enough, flu-like symptoms may quickly begin to appear. This is particularly common among younger or older family members who are more vulnerable to and less tolerant of the poison.

Carbon monoxide detectors can be purchased at most hardware, discount and retail stores. Questions about carbon monoxide detectors, can be directed to the Springdale Fire Department at 346-5580.

Join Us!

Regularly Scheduled Monthly Meetings

Held at the Springdale Municipal Building, 11700 Springfield Pike:

City Council

1st & 3rd Wednesday at 7 p.m.

Planning Commission

2nd Tuesday at 7 p.m.

Board of Health

2nd Thursday of each month at 7 p.m.
(except June, July & August)

Board of Zoning Appeals

3rd Tuesday of each month at 7 p.m.

Held at the Community Center:

Recreation Commission

1st Tuesday of each month at 7 p.m.
(except June, July & August)

For more information about meetings and events, please call the Municipal Building at 346-5700.

Springdale recycling effort making an impact

Since 1992, Springdale has participated in the Hamilton County Solid Waste Management District's Residential Recycling Incentive Program. The program allows the City to report recycling activities of residents through bi-annual reporting. All materials are recycled either by residents in the red recycle bins placed out with weekly trash or by the general public placing materials in the recycle bins at the City's Recycle Center at 335 Northland Boulevard.

Rumpke sorts and weighs all recycled material and sends a quarterly report to the Public Works Department. The Public Works Department combines this report with information from other vendors where recycled materials were taken. All information is used to create the bi-annual report for the Incentive Program.

Springdale's recycling program has kept a significant amount of recyclable materials from Rumpke's landfill. In 2005, residents were able to recycle 442.83 tons of recyclable materials, which equated to 13.1 percent of all waste from the City that would have otherwise gone into the landfill.

In 2006, Springdale residents recycled 342.77 tons of material. For the first

MATERIAL	FIRST HALF 2007	2007 ANNUALIZED	2006 (ACTUAL)
SHOWN IN TONS (GALLONS FOR USED OIL)			
NEWSPRINT	153.94	307.88	267.01
ALUMINUM	3.99	7.98	6.93
FERROUS METALS (STEEL)	7.67	15.34	13.29
CLEAR GLASS	22.09	44.18	38.39
GREEN GLASS	5.14	10.28	8.91
BROWN GLASS	7.98	15.96	13.81
PET PLASTIC	4.39	8.78	7.61
HDPE PLASTIC	4.84	9.68	8.37
USED OIL (GALLONS)	798	1,596	1,593

half of 2007, Springdale recycled 187.84 tons. If residents continue their efforts through the end of the year, then Springdale's annualized effort for 2007 would total 375.68 tons.

What Can be Recycled?

The following items can be recycled in the residential red bin to be placed at the curb with your weekly trash:

- Plastic bottles & jugs (remove lids)*
- Glass jars and bottles (clear, brown, green)*
- Aluminum, and bi-metal beverage cans*
- Steel and tin food cans*
- Empty steel aerosol cans (with tips removed)*
- Phone books*
- Newspapers*
- Brown paper bags*
- Magazines*

To get a bin, call the City of Springdale at 346-5700.

The City's unmanned Recycle Center at 335 Northland Boulevard also accepts the above items as well as the following:

- Junk mail*
- Office paper*
- Cardboard (up to 2-foot by 2-foot pieces)*
- Paperboard (i.e., cereal boxes)*
- Envelopes*

In addition, you may leave used oil in a 5 gallon or smaller container in the white metal cabinet in this area.

The Public Works Department recycles used oil by burning the oil in a waste oil furnace that heats the garage bays where the mechanics maintain the City's vehicles and equipment. Tires are recycled after being removed from the City's vehicles and equipment through Rumpke Recycling. *(Note that tires are not part of the communitywide recycling program.)*

Drop off computers until Dec. 28

Residents of Springdale may drop off computers for recycling at the Technology Recycling Group, 5139 Kieley Place, in St. Bernard through December 28. The company accepts old computer equipment on weekdays from 8 a.m. to 5 p.m. (Closed Christmas Eve and Christmas Day).

Only residents may participate in the drop-off, which is not available to businesses, churches, schools or non-profit organizations. Residents will need some form of proof of residency, such as a drivers license or utility bill.

Place computers and other equipment in a box or the trunk of your car, since you will be required to remain in your vehicle as a safety precaution.

Hard drives are either swiped with Department of Defense approved

software or shredded. Computers are disassembled and recycled or rebuilt and donated to non-profits and/or schools. (Please note that Hamilton County will not be responsible for the destruction of the hard drive and recycling of electronic equipment, nor is Hamilton County liable for any data left on the hard drive. If your drive contains sensitive data, you may wish to reformat the device before drop-off.)

Acceptable items are: monitors, CPUs, hard drives, mice, keyboards, lap tops, docking stations, back-up batteries, power cords, speakers, modems, external hard drives, memory chips, storage chips, cellular phones, printers, scanners, and desk top fax machines.

For more information, call 946-7766 or visit www.hamiltoncountycycles.org.

Household Hazardous Waste program to resume in March

The Household Hazardous Waste Collection Program collection sites are closed and will remain closed during the winter season. The sites will reopen in March 2008.

The sites collect items that could pose a hazard to the environment if improperly discarded.

If you have questions, visit www.hamiltoncountycycles.org, call 513-946-7700 or email Susan Schumacher at susan.schumacher@hamilton-co.org.

Pick-up of holiday trees and brush/limbs

City crews at your service

City crews will collect holiday trees along with brush as part of Springdale's regular chipper schedule. This service is operated year round, weather permitting. Because schedules may vary greatly, an exact pick-up date cannot be offered.

Brush (*with all cut ends facing the same direction*) should be placed at the curb prior to 7:00 a.m. on the day scheduled for your area. Crews make one weekly pass in accordance with the following schedule:

Monday
Beacon and Oxford Hills, Kenn Road, Glensprings Drive and all streets intersecting with Glensprings.

Tuesday
All streets south of Glensprings Drive and west of Springfield Pike.

Wednesday
Springfield Pike and all streets south of I275, east of Springfield Pike and west of Princeton Pike.

Thursday
Springdale Lake Drive, Ray Norrish Drive, Sheraton Lane, Crescentville Road and all areas east of Princeton Pike.

Friday
Crews return to collect brush parts that are too large to go thru the chipper. These items must have been at the curb on the scheduled day to be collected on Friday.



LARGE ITEM DISPOSAL

Contact Rumpke Landfill at 742-2900 if you need to dispose of a large item such as a couch, dresser, refrigerator, etc. If the item contains freon, you must have a HVAC person remove the freon. A tag will be placed on the appliance to indicate the freon has been drained. After the tag has been attached, Rumpke will pick up the item.

Seasonal projects keep Garden Club busy

Nearly \$400 was raised for the new Veterans Memorial during the October Plant Swap, sponsored by the Springdale Garden Club and the Springdale Public Works Department.

Club members also recently assisted DARE Officer Marsha Bemmes and 2nd and 5th graders at Springdale Elementary. Members assisted the children by showing them the correct way to plant tulip bulbs. The bulbs represent each child's pledge to keep the local community drug free.

The club's most current project is comprised of the Christmas swags and

wreaths at the civic buildings and City welcoming signs.



Fall is time to cut back perennials and clean up gardens. Garden Club members started their clean up at the Butterfly Garden at Springdale Elementary School. Since the school janitor had taken the time and made the effort to water the garden during our unusually dry summer, it survived. The garden is located on the east side of the school nearest Kemper Road next to the children's playground.

For more information about the club, call Joan Knox at 674-7755.

Public Works wins environmental award

The Springdale Public Works Department has been honored with the Salt Institute's 2007 Continuing Excellence in Storage Award. The Excellence in Storage Award was first received in 2004, with a Continuing Excellence in Storage Award given each year since 2005.

The award is part of the Salt Institute's Sensible Salting Program, an educational program on storage and application of salt in an environmentally sound manner. The award recognizes the high standards of environmental consciousness and effective management of winter materials storage.

How can we help?

Police or Fire Emergency

9•1•1

Not an emergency? Then call
346-5760 for Police
346-5580 for Fire

General Information	346-5700
Mayor Doyle Webster	
City Building.....	346-5705
Home	671-4489
Clerk of Council/ Finance Director	
Kathy McNear	671-2510
City Administrator	
Cecil Osborn	346-5700
Assistant Administrator	
Derrick Parham.....	346-5700
Building Department.....	346-5730
Finance Department	346-5700
Police Department (non-emergency)	346-5760
Fire Department (non-emergency)	346-5580
Health Department	346-5725
Public Works Department.....	346-5520
Property Maintenance & Zoning Hotline.....	346-5734
Recreation Department	346-3910
Income Tax Department.....	346-5715
Public Information Phone Line	346-5757
Internet	
Address	www.springdale.org
e-mail address	admin@springdale.org

Dos & Don'ts: Working with a contractor

Whether you are considering hiring a contractor to make a major improvement to your home or to make necessary repairs, it's important to sign a contract and to pay attention to the details. The Springdale Building Department suggests you keep the following points in mind before parting with your hard earned cash.

Selection of Contractor

Insurance: Make sure your contractor has adequate insurance, including personal and property liability, as well as workers' compensation. You would be well within your rights to ask for a copy of his current insurance certificates. If a contractor is not adequately insured, you may be liable for damages he causes to your property and you could even be held responsible for injuries workers sustain while on your property.

References: Request recent references, and check them out. A few calls to inquire how the client felt about the job and the timeliness of completion is a good indication of how the contractor will perform on your job. You may even ask to see the work. Check with the Better Business Bureau to be sure there haven't been any unresolved problems with prior work.

Licensing: Springdale does not license contractors. However, the State of Ohio does license plumbing, mechanical and electrical contractors. The program provides some assurance that contractors have a certain level of competency by requiring each to pass a proficiency test in the specific field and procure some level of bonding. If you are considering this type of work, choose a licensed contractor.

Finalizing a Contract

After selecting a contractor, you will want some sort of written agreement. If the contractor does not supply a formal contract, at least write down the agreement on paper and have both parties sign to be sure each understands the expectations outlined.

Your contract should include the following:

- *The description of work to be completed. This should be specific. This is probably the most disputed part of a contract.*
- *Who will furnish what materials? It is also important to determine who will dispose of materials and debris.*
- *Who is responsible for obtaining necessary permits and who will coordinate inspections? Many contractors will obtain the permit for you. They are more capable of providing the necessary documents explaining the proposed work. Insist on a copy of the permit. Ultimately you, as owner of the property, are responsible for permits.*
- *The start date and completion date of the project. Consider offering a bonus for an early completion date and/or a penalty for a late completion date.*
- *The total costs for project and a payment schedule.*

Payments

Some contractors request a reasonable amount paid in advance for working capital. A small job may involve a down payment with the balance to be paid upon project completion. Larger jobs may require several payments at various stages of completion.

When you are requested to make a payment, consider the amount of labor and materials expended at that point and pay an amount based on what is complete. If your contractor is requesting funds to pay his sub-contractors or suppliers, you may wish to request affidavits that they have been paid to avoid the potential for liens against your property. **Under no circumstance should you pay in full for work not yet completed or before an inspection has been made granting final approval to a project.**

If you are tackling a large or complicated project, you may wish to consult an attorney before committing to a contract. A little bit of care up front can avoid a lot of problems later should differences arise. If you have questions relating to issues of construction projects, feel free to contact the Springdale Building Department at 346-5730.

Dare to share this holiday

Springdale Offering Support (SOS), a non-profit organization initiated by the City of Springdale that includes representatives from local agencies, churches, organizations and concerned citizens is seeking donors to sponsor needy local families this holiday season. The group's mission is to coordinate community resources and unite individuals and families with elements of help and assistance within Springdale and surrounding areas. Springdale businesses and residents are invited to sponsor a needy family or make a tax deductible monetary/service donation to SOS to benefit a family in need this holiday season. To make a difference in your community this holiday season, contact SOS at 346-5725 and adopt a family.



PMC & ZONING ACTIONS 2007

As of October 22, the Springdale Building Department has issued 451 notices for Property Maintenance and Zoning Code violations.

TYPE OF VIOLATION	# OF NOTICES
Residential Property Maintenance	270
Residential Zoning	58
High Grass Violation	70
Commercial Property	53

PROPERTY MAINTENANCE AND ZONING HOTLINE
513-346-5734

Prevention: a side of police work seldom seen

While most people have images of police officers answering calls to service, apprehending criminals and solving crimes, Officer Marsha Bemmes can be found educating and interacting with the youth of Springdale. There is another side to crime fighting known as preventive education and that is a role that Officer Marsha Bemmes takes very seriously.

Officer Bemmes is the full-time D.A.R.E. Officer for the City of Springdale. She has been an officer for the city since 1999. Officer Bemmes has a Bachelor of Arts degree in Communication from Bowling Green State University. She also has a Master of Science degree in Criminal Justice from Xavier University. She became a certified D.A.R.E. Officer in 2004.

Officer Bemmes' position entails numerous roles. One of those roles is going into local schools and teaching the international anti-drug curriculum known as D.A.R.E. (Drug Abuse Resistance Education). During this program, the older students learn about the dangers of drugs, alcohol, tobacco and violence. They also learn about healthy ways to handle peer pressure and proper decision making skills. The younger students learn and review basic safety lessons such as stranger danger, reading safety signs and the like. In addition to being a teacher, Officer Bemmes also offers support for the school in general. She is there to help each and every student succeed in life.

Officer Bemmes kicked off the 2007-2008 DARE Program in conjunction with Red Ribbon Week October 23 - 31. Red Ribbon Week is defined as an ideal way for people and communities to unite and take a visible stand against drugs. She spent time with the students at Springdale Elementary and Springdale Elementary School Nurse Jo Roberts coordinating and participating in fun-filled, yet educational activities. One of the highlights of the week was a "Plant the Promise" ceremony. During this ceremony, selected second and fifth grade students planted red tulips

outside of the Springdale Police Department. They planted the seed to be drug-free. These tulips will bloom every spring and be a reminder to the community that we are a drug-free community! The event was attended by Mayor Webster, members of the Springdale Garden Club, Springdale



DARE Officer Marsha Bemmes

Elementary staff, and several Springdale Police Officers. Mayor Webster read a proclamation stating that October 23-31 would be Red Ribbon Celebration Week in the City of Springdale.

Red Ribbon Week concluded with the Springdale Elementary 5th grade student

concert. Created and directed by the students' talented music teacher David Dendler, the students performed a "Stomp Out Drugs" themed Concert. This concert was an outstanding finale to our celebrations and shared a wonderful message about being drug free. As a community, please help us carry on the message and always "STOMP OUT DRUGS" in our community!

When Officer Bemmes is not in the schools, she can be found assisting and planning community functions and events. She is responsible for all the events involving the children of Springdale. One of the biggest programs that she coordinates is the annual summer bike program. Each year the program travels throughout local apartment and condo complexes, city parks, and the community center to register bicycles and give out free bike helmets to all that register.

Upcoming Programs

Officer Bemmes has some exciting events planned for the remainder of the year and the beginning of 2008. The conclusion of this article will highlight some of those events and we invite everyone in the community to join her for these fun-filled events.

In early December, Officer Bemmes, along with Springdale Police Officers, will participate in the "Shop with a Police Officer" Program. The

Springdale Police Department is teaming up with the local sponsor, Wal-Mart, and escorting some deserving children to the store to purchase holiday gifts for them and their families. If any community member is interested in joining or helping out in any way, please give Officer Bemmes a call at 346-5774.

Pay Tickets in Food

The police department will once again hold its annual "Food for Fines Program." Starting on Thanksgiving and continuing until Christmas, some minor traffic violations can be paid out in canned goods instead of a monetary fee (*excluded is a small state fee that accompanies the fine*).

The purpose of this program is to provide some relief for those in need of food over the holidays. All collected canned goods will be donated to local food pantries and organizations. It has been publicly stated that all area food shelters are very low on products this year. With that known, be warned that Springdale Police Officers are going to try and double their collections this year. Please observe all traffic laws, but if you find yourself in violation, remember that you are helping the less fortunate when you pay out your fine.

Retro Bill coming this Spring

One goal of the Police Department is to sponsor an annual community event. The department has an exciting event planned for Spring. D.A.R.E. Safety Buddy RETRO BILL will be on hand to perform his Safety and Self-esteem show on April 10, 2008. Mark your calendars. You will not want to miss this event. RETRO BILL is a blast from the past and a rocket to the future. He is a nationally recognized, powerful and dedicated children's advocate. He is in very high demand nationwide as a school assembly performer. His mission is to inspire children to make smart and safe choices in every area of their lives. He will visit both local schools and then perform for the community at the Community Center at 7 p.m. More details will be sent out in the Spring.

Officer Bemmes is open to your ideas or suggestions for programs to help the youth of Springdale. She can be contacted at 346-5774.

DISASTER: Be prepared. Stay prepared.

Nearly every interview of victims in the aftermath of disaster recount the same sad story: They didn't think it could happen to their family. Yet, the unthinkable DID happen... too often when they least expected disaster.

So what can families in Springdale do to be as ready as they can be for the unexpected? A little planning can make all the difference in the world.

We live in an uncertain world. Natural disasters like tornados, flood or earthquake can occur without warning. Long-term power or utility outages can occur. The potential for a worldwide flu pandemic has been in the news. We even live in an age where terrorism seeks to strike widespread disruption.

An emergency can confine you at work, at school or in the car. The unexpected can force you to evacuate your neighborhood or confine you to your home.

Local officials and relief workers will most likely be on the scene after a disaster, but they cannot reach everyone right away. Some families could be forced to rely on their own resources for several days before help arrives.

What each family does now — in advance — could be a life-saving choice. Each family member must be part of the team. No one can prepare for every scenario, but the following list can serve as a starting point for preparation:

Be Informed

Gather facts about community hazards, learn about community disaster plans and find out about your local community warning systems.

Make a Plan

Meet with your family to review information gathered about community hazards and work with them as a team to be prepared.

- Choose an out of town contact who everyone knows to call after a disaster so they can check in and tell them where/how they are.
- Decide where to meet in the event of an emergency.
- Complete a Family Communication Plan complete with each members



contact information including work and school phone numbers.

- *Discuss escape routes and safe places for each type of possible disaster.*
- *Plan for those with disabilities and other special needs*
- *Plan for your pets*
- *Prepare for different hazards*

Prepare an Action Checklist

Knowledge can make the difference:

- *Know how/when to turn off water, gas and electricity.*
- *Know how to use a fire extinguisher.*
- *Install and maintain smoke alarms.*
- *Review insurance plans to know you have adequate coverage.*
- *Learn First Aid and CPR (Take a Red Cross class)*
- *Inventory home possessions*
- *Organize vital information and keep it in a safe place (Birth certificates, wills, passports, deeds, financial records)*

Assemble a Disaster Kit

Every household should have basic necessities. The following is a minimal suggested supply:

- *Three (3) day supply of non-perishable food and can opener (Note: 2 week supply recommended for flu planning)*
- *Three (3) day supply of water (one gallon of water per person, per day) (Note: 2 week supply recommended for flu planning)*
- *Portable, battery –powered radio or TV with batteries*

- *Flashlight and extra batteries*
- *First Aid Kit and manual*
- *Sanitation and hygiene items (hand sanitizer, moist towelettes and toilet tissue)*
- *Matches in water proof container*
- *Whistle*
- *Extra clothing and blankets*
- *Kitchen accessories and cooking utensils*
- *Photo copies of ID and credit cards*
- *Special needs items – medicine, eye glasses, hearing aids/batteries)*
- *Items for infants*
- *Tools, pet supplies, local map*

Maintain Your Plan and Kit

Review plan routinely. Involve the family in a practice drill. Restock supplies (i.e. expired food and batteries). Test smoke alarms monthly. Test fire extinguishers, flashlights, radios/TV annually.

Public Presentations

The Springdale Health Department will present a Family Preparedness/Pandemic Influenza Planning program at selected neighborhood watch meetings and other group gatherings. Family Emergency Preparedness information/checklists and Family Disaster Starter Kits will be provided while supplies last. Call the Springdale Health Department at 346-5725 for dates and details.

For more information on preparing for disasters go to: www.fema.gov or www.redcross.org.



PARKS & RECREATION PROGRAMS

FOR MORE INFORMATION ON THESE PROGRAMS, CALL THE SPRINGDALE COMMUNITY CENTER AT 346-3910, OR EMAIL SCCREC@SPRINGDALE.ORG. FOR A COMPLETE LISTING AND DESCRIPTION OF PROGRAMS, VISIT WWW.SPRINGDALE.ORG

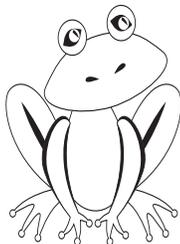
ANNUAL & SPECIAL EVENTS

Springdale's Gone Wild!

MONTHLY • 7 - 8 PM

Our wildlife series is popular with people of all ages. Naturalists from the Hamilton County Park District join us each month with free educational programs.

January 16: Insects Among Us — See a live hissing cockroach



February 12: Vultures — Nature's Scavengers. See a vulture up close!

March 20: Amphibians All Around — A salamander and toad will be on display

Springdale Youth Boosters Cinema Horseraces

SATURDAY, FEBRUARY 23 • 7 PM

The Youth Boosters will host its annual Cinema Horseraces on Saturday, February 23 in the auxiliary gymnasium. The doors open at 7:00 PM. Call or stop at the Community Center to get tickets.



Gift Certificates Available!

Looking for a great gift idea for the holidays? Community Center gift certificates are available for all memberships. Show a special family or individual how much you care with a 2008 Community Center membership. Recipients must meet eligibility requirements. Call or stop by the Community Center for more details.

ADULT SPORTS PROGRAMS

Men's Open Gym Volleyball

TUESDAYS • BEGINS IN JANUARY

Stop in on a Tuesday evening at 8:30 p.m. and play a couple of games of pick-up volleyball. Members 16 years old and older play for free, guest fees apply for non-members.

Adult 3 on 3 Basketball

THURSDAY EVENINGS • JANUARY THROUGH MARCH



Team rosters with a minimum of three Community Center members will be accepted until December 13. The fee is \$50 per team and includes a t-shirt to be used as a uniform.

Women's Recreational Volleyball

WEDNESDAY NIGHTS

Rosters may include 5 non-residents. Players must be 16 years old or older and have a current Community Center membership. Non-resident teams will be accepted and pay a slightly higher fee. Resident teams will be given first preference into the league. League play begins in January. Rosters are limited to 12 players.

Free Racquetball Instruction

SATURDAY MORNINGS • 10:30 - 11:30 PM

Free racquetball instruction will be offered for members 12 years old through adult. Learn the basic shots and rules of racquetball with Jerry Allen. Protective eyewear and a racquet are required. Register by calling the Community Center.

MORE REC PROGRAMS ON NEXT PAGE

Community Center Holiday Hours

Christmas Eve Close at 5 p.m.
Monday, December 24

Christmas Day Closed
Tuesday, December 25

New Years Eve Close at 5 p.m.
Monday, December 31

New Years Day Closed
Tuesday, January 1

Discounted Center Memberships

ALL REGISTERED RESIDENTS OF SPRINGDALE MAY JOIN THE COMMUNITY CENTER. THE DISCOUNTED MEMBERSHIPS LISTED BELOW ARE AVAILABLE BETWEEN JANUARY 2 AND FEBRUARY 28. AFTER FEBRUARY 28, ALL MEMBERSHIP INCREASE BY \$5.

	INDIVIDUAL	FAMILY
ACTIVITY MEMBERSHIPS INCLUDES USE OF GYMNASIUM, GAME ROOM, TRACK, TENNIS COURTS, COMPUTER LAB AND ELIGIBILITY FOR YOUTH & ADULT SPORTS PROGRAMS	\$15	\$25
FITNESS MEMBERSHIPS INCLUDES ABOVE, PLUS FITNESS CENTER MUST BE 16+ TO USE FITNESS CENTER (14 & 15 WHEN WITH A PARENT)	\$30	\$50
POOL MEMBERSHIPS INCLUDES ALL OF ABOVE, PLUS POOL	\$70	\$90
RACQUETBALL MEMBERSHIPS REQUIRES ACTIVITY, FITNESS OR POOL MEMBERSHIP	\$15	\$25
SENIOR CITIZEN MEMBERSHIPS RESIDENTS 62 AND OLDER MAY OBTAIN A FREE POOL MEMBERSHIP FOR THEM AND THEIR SPOUSE	FREE	FREE
BUSINESS MEMBERSHIPS (FOR FULLTIME EMPLOYEES OF SPRINGDALE BUSINESSES) INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.	\$150	\$200

Spring Sports Sign-Ups

JANUARY 2 - 31

Springdale Youth Boosters will accept spring and summer sports sign-ups. All participants must have a 2008 Community Center membership to register for spring sports.

Knobhole Baseball is open to children who were born between May 1, 1994, and April 30, 2001. Sign-up cost is \$40 (\$45 after January 31).

Instructional T-Ball is offered to children born between October 1, 2000, and September 30, 2003. Introduce your child to baseball and softball in this T-ball league. Cost is \$20 per child (\$25 after January 31).

Girls Softball is open to girls who were born between August 1, 1992, and July 31, 2001. The cost is \$40 (\$45 after January 31).

SAY Spring Soccer is offered to children born between August 1, 1989, and July 31, 2002. Sign-up cost is \$40 (\$45 after January 31).



WINTER PROGRAMS

Belly Dancing

TUESDAYS • 7:15 - 8:15 PM

Call Avasa at 205-1182 for information on this weekly fun class. Monthly fees are \$35 Adults, \$25 Child (or drop-in for \$10/class).

Body Sculpting

FRIDAYS • 6:00 PM



Using free weights and exercubes, come enjoy this class of muscle toning and strengthening all set to the latest music. Call Elaine Smith at 575-1620 if you have questions or for class costs.

Cardio Kickboxing

TUESDAYS/THURSDAYS/SUNDAYS • 6:00-7:00 PM
SATURDAYS • 11 AM-NOON

Meet in the Studio. The cost is \$35 for four weeks, or \$5 per class for walk-ins. Call instructor David Seiwert at 825-7449 for more information.

Ceramics Classes

WEDNESDAYS • 6:30-9:30 PM

The cost is \$5 for residents (\$7 for non-residents) per class. Students provide greenware. The instructor, David Howard, provides paint, brushes and firings.

Creative Stamping Classes

FIRST MONDAY OF EACH MONTH • 10:00 AM

Create lovely seasonal cards. All materials are supplied and each student will complete 5 cards for the

low cost of only \$8, due at registration. Deadline to register is the Friday prior to the class with a class minimum of 5 students. For more information, call 346-3910.



Guitar & Bass Lessons

TUESDAYS • 7:00 - 8:00 PM

This session meets for eight weeks for \$96.00. Class size is limited to 12 students. Call instructor Ed Riley at 671-1760 with questions. Students must provide guitar, small amplifier and headphones.

Karate

MONDAYS & WEDNESDAYS
CHILDREN: 7:15 - 8:15 PM
ADULTS: 8:30 - 9:30 PM

Monthly session cost is \$40 for adults, \$30 for children 10-17 years old, plus a \$40 annual fee. Contact Dave at 742-9400 for more information.

Jazzercise

MONDAYS & WEDNESDAYS • 6:00 - 7:00 PM
TUESDAY, THURSDAY & SATURDAYS AT 9:30 AM

Meet in the Studio. Call Elaine Smith at 575-1620 if you have questions or for class costs.

Slimnastics Fitness Class for Women

MONDAYS, WEDNESDAYS & FRIDAYS • 9:00 - 10:00 AM

Join instructor Sue Smith for this energetic class. Best of all, there is no charge!

Congratulations

Two of Springdale's Fall soccer teams finished in the final four of the SAY North District Tournaments and advanced to the Ohio SAY State Tournament! They are the Boys Strikers (Coached by Holly Emerson) and the Boys Passers (Coached by Warren Taylor).

The Community Center is now wireless!

The Springdale Community Center now has free wireless internet access. Springdale residents and Community Center members are able to access the internet from nearly every area of the building. Wireless access is also available in all meeting rooms and the new Senior Lounge.

This makes the Community Center the perfect site to host your next meeting or group get-together. Members and residents can obtain the wireless access password at the Community Center front desk.

For info, contact 346-3910 or sccrec@springdale.org.



YOUTH PROGRAMS

S.T.A.F.F.

(Springdale Teens Adventuring For Fun)

STAFF is for teens in the 6th to 12th grade. Activities and events are undertaken by teens with guidance of the Parks and Recreation Department staff and parent volunteers. The group's mission is to serve the community by sponsoring projects and providing manpower for community programs and events, as well as to organize fun activities that appeal to teens. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what it's about! The cost is \$5, which includes a t-shirt.

Teen Night At The Rec

9 - 11 PM • FRIDAYS

DECEMBER 14, JANUARY 18, FEBRUARY 15 & MARCH 14

Monthly, a Friday night will be designated as Teen Night at the Rec from 9-11 p.m. Youth in the 6th-12th grade and members of S.T.A.F.F. may spend the evening participating in group activities such as basketball, dodgeball, volleyball, or wallyball, or playing one of the many games in the game room such as pool, table tennis, foosball or air hockey. Food and drinks are available free of charge. The cost is \$2 person. Members may also bring a friend by paying the necessary guest fee of \$2 per person. Members must bring their Community Center ID card and guests must show a photo ID.



Ballet & Jazz

SATURDAY AFTERNOONS

Children 3 years old and older are invited to join instructor Jennifer Caserta for this dance class. Call the instructor at 668-7808 for more information and class fees.



Consider the Community Center for your next party

Springdale residents and businesses may rent any of the Springdale Community Center rooms for parties, trainings, workshops, and meetings. Meeting rooms have a variety of A/V amenities, including wireless internet access. There's a variety of rooms available for every need, including birthday parties and bridal showers. Rental rates are reasonable, so consider the Springdale Community Center for your next event!

Call 346-3910 for more information.



Just for Adults & Seniors

JUST FOR FUN

For information on any programs offered at the Community Center, please call 346-3910.

ADULT WINTER PROGRAMS

FREE AARP Income Tax Help

As 2007 winds down and you are organizing your affairs, remember that we offer AARP Tax Help beginning in January. Call after the first of the year for appointments for this free tax filing service for those senior citizens with simple federal and state returns.

ENRICHMENT PROGRAMS

Bob Ross Painting with Verna Akin

MONTHLY (ON A TUESDAY) • 10 AM - NOON

Learn from a fabulous artist and teacher, Verna Akin. If you ever thought about learning to paint and were hesitant to try, this is your chance! Learn how to paint landscapes, wildlife and florals with ease. Students supply one roll of paper towels, a tub of baby wipes and a 16x20 stretch canvas. This class meets in the Arts and Crafts room. Fee is \$40 per class. Registration is required.

Oil Painting

WEDNESDAYS • 10:30 AM - 2:30 PM.

Bring your own supplies and enjoy painting with friends. Bring a bag lunch. Drinks are available from the vending machines.

Advanced Fly Tying

Classes begin January 4. Buckeye United Fly Fishermen will teach this FREE class, expanding on what was learned in the Beginner course. Sign up by calling the Community Center.

Beginner Computer Classes

Classes are forming in January. Daytime classes meet once a week. Call the Community Center for details.

Computer help

Stumped? Get answers on Wednesdays from 6-7 p.m. in the Senior Lounge. (Senior Membership Required)

Investment Club

SECOND FRIDAY OF EACH MONTH • 9:30 - 11:30 AM

All adult and senior members are invited to join this group and learn about investing and the stock market. For more information, contact Betty Wolford at 522-0471.

Grief to Peace

FOURTH THURSDAY OF EACH MONTH • 5:45 PM

Come to the Senior Room for this program, co-sponsored by the Spring Grove Family for those experiencing grief. Call the Community Center to register. (Senior Membership Required)

Calling All Songbirds!

Do you love to sing, would you like to sing with others in a chorus? If we have sufficient interest, we will be forming the Springdale Chorus. Call the drop by the Community Center to get your name on the list.

Springdale Senior Citizens Club

TUESDAYS • 9:30 AM

Meet new people! The Springdale Senior Citizens group is open to residents who are at least 55 years of age. Stop by this weekly social, held at the Springdale Community Center. The group participates in Chair Exercises every Tuesday at Noon and also hosts several parties and trips each year.

Weekly Leisure Activities

Duplicate Bridge: Mondays from 12:30-4 pm; Contact Lew Chizer at 812-637-1441.

Party Bridge: Tuesdays from 12:30-4 pm; contact Barb Slaughter at 772-2302 for more information.

Canasta: Thursday afternoons at 1 pm.

Euchre: Fridays from 1-3 pm. Contact Jo Ann Frech at 671-6663 for more information.

Pinochle: Mondays from 1-4 pm.

500: Thursdays from 9:30 am-noon; Contact Maria Schottelkotte at 942-2350 for information.

Corn Hole: Wednesdays from 12:30-3 pm; Games are played in the auxiliary gym.

EXERCISE & FITNESS

Blood Pressure Checks

Free blood pressure checks are available each month on the 3rd Tuesday from 10:30 a.m. to 12:30 p.m.

Low Impact Functional Exercise/LIFE

FORMERLY FUNCTIONAL STRENGTH

TUESDAYS & THURSDAYS • 11 AM - NOON

This FREE class focuses on improving strength to help safely perform activities of daily living with improved balance and stability. Whether lifting a bag of groceries or standing from a chair, every task depends on functional strength for execution.

Let's Get Fit

MONDAYS & WEDNESDAYS • 10:30 - 11:30 AM

There are many benefits associated with this FREE class including working major muscle groups to increase strength and flexibility, improving strength for daily living, reducing the risk of falls, reduces stress, enhances muscle and endurance. The class follows a video "Resisting Muscle Loss."

Prime Time Diners

Get together each month and dine at some of the area's great restaurants. Start out at the Community Center at 5 p.m. for light refreshments before heading to the restaurant by 6 p.m. Registration is \$1 and dinner is on your own.

Afternoon at the Movies

One Saturday each month enjoy a movie in the Senior Room at 2 p.m. Popcorn will be provided. December 8th movie is Elf starring Will Ferrell. Call or stop by the Community Center for a reservation. Seniors & their guests welcome.

Red Hat Society

On the first Friday of each month, the group travels to area tea rooms to enjoy delightful food and conversation. The group is limited to 20 and is currently full, but you can be placed on a waiting list for when an opening occurs.

R.O.M.E.O.

(RETIRED OLDER MEN EATING OUT)

Retired men get together for lunch or dinner. If you are interested in such a group, call or stop by the Community Center to form a group.

2008 Travel Expo

The Community Center will host this event on January 18. Pack your bags and attend one or several of the trips planned for the year.

Silver Screen Classics

These monthly shows at Showcase Cinemas once cost just \$1, including popcorn, a drink and cookie! Movies begin promptly at 1 p.m. The December 12th movie is Man From Snowy River.

Line Dancing With the Helts

MONDAYS • 1 - 2 PM

This class is a great way to exercise and have fun at the same time! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes and enjoy learning how to line dance! Fee is \$4 per class.

Senior Citizen Chair Exercises

TUESDAYS • NOON

Join Fitness Center Manager Jay Dennis held at the Springdale Senior Citizens group meeting.

Chair Volleyball

MONDAYS • 10 - 11:30 AM

WEDNESDAYS • 1 - 2:30 PM

Join this fun activity along with others 55 and older. Some of the differences are that players are seated in chairs, serve rotates, but players don't, a beach ball is used instead of a volleyball, and there are an unlimited number of hits to return the ball.



City of Springdale

11700 Springfield Pike
Springdale, Ohio 45246

Mayor

Doyle H. Webster

Office346-5705
Home671-4489

At-Large Council Members

Steve Galster825-6879
James Squires671-6297
Bob Diehl851-6560

Districts Council Members

1 Robert Wilson, Jr....851-6130
2 Randy Danbury.....825-3935
3 Marjorie Harlow671-6916
4 Tom Vanover671-7034

Clerk of Council/Finance Director

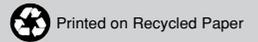
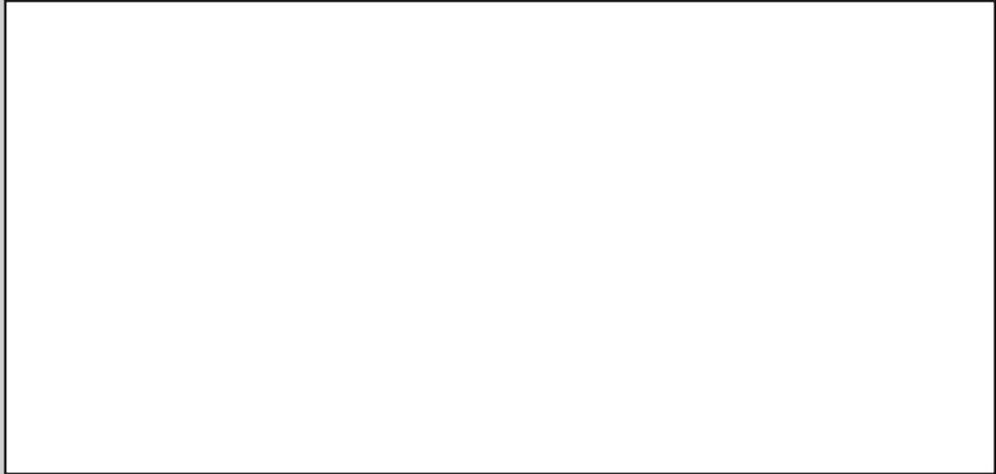
Kathy McNear671-2510

City Administrator

Cecil W. Osborn346-5700

Assistant Administrator

Derrick Parham346-5700



NEWS IN BRIEF

Holidays to delay trash pick-up

Curbside trash pick-ups will not occur on Christmas Day or New Year's Day. If your regular collection day is one of these holidays, trash will be collected the next day. The remainder of the week will be delayed one day, with Friday's normal pick-up being delayed to Saturday.

Mammography van to visit Community Center on January 22

While monthly self breast exams are important for early detection of breast cancer, a periodic mammography check-up is equally important. The Springdale Health Department has arranged for the Jewish Hospital mobile mammography van to return to the Springdale Community Center on Tuesday, January 22, from 8 a.m. to 4:30 p.m.

A minimum of 15 participants are needed to ensure the van will make the

stop, so call 686-3300 to schedule an appointment. Insurance often covers the cost of the exam, which can be billed directly to your insurance. (Check to be sure Jewish Hospital is a panel provider on your policy).

Financial Assistance is also available for those without insurance. For insurance assistance, call Kelly at 686-3306.

Springdale Health Department offers a variety of services

The Springdale Health Department offers a variety of services to residents, including:

Immunizations: Immunization clinics are offered on the 1st and 3rd Wednesday of each month from 9 a.m. to noon.

Screenings: Glucose and Cholesterol Screenings are available on the 3rd Thursday of each month. The cost is \$10. Participants must fast (*no eating or drinking*) for 12 hours prior to the test. Contact the Springdale Health

Department at 346-5725 to schedule an appointment.

Home Visits: The Springdale Health Department conducts home visits and assessments free of charge to any Springdale resident in need of nursing assistance in their home. Contact the Springdale Health Department at 346-5725 for information.

Residents sought for Recreation Department Participants Council

In order to offer the best possible adult and senior programs and activities, a Participants Council has been formed to provide ideas for programs, activities, speakers and topics. Duties of the council will be defined by the members. Those who serve on the council may be asked to head other specific committees. The group meets monthly to plan for upcoming programs and special events. Members must be a Springdale Community Center member (*individual, family or senior*).