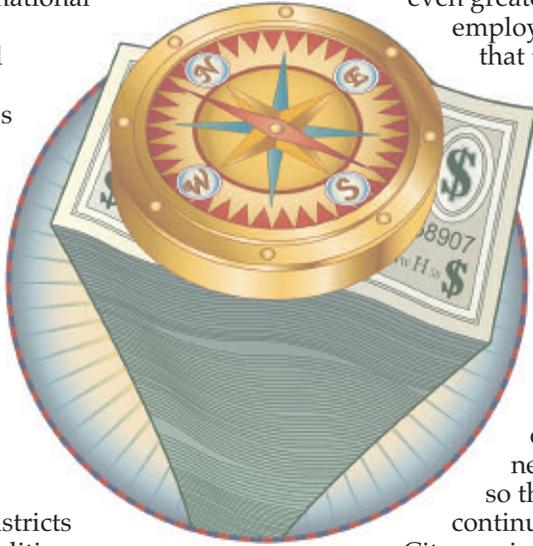


CITY OF SPRINGDALE NEWSLETTER

PUBLISHED FOR THE RESIDENTS OF SPRINGDALE, OHIO

City cost-cutting measures continue

Almost daily, the national and local news broadcasts remind viewers that the economy continues to struggle with higher than usual unemployment rates, foreclosures and a decline in revenues for many governmental entities. State governments (including Ohio), counties, school districts and local municipalities are all struggling to balance their budgets. The City of Springdale is also impacted.



even greater impact. Two large employers have announced that they may relocate their operations from the City or totally close down operations.

“Just as residents have had to make cuts in spending to adapt and anticipate economic conditions, the City of Springdale also needs to make plans so that residents can

continue to receive valuable City services,” said Springdale City Administrator Derrick Parham.

replaced. They include positions in City Administration (1), Building (1), Fire (3), Police (9), Public Works (6), Parks (2) and Tax (1). Despite such a large reduction in the City’s workforce, residents have not realized a decline in City services. Unfortunately that will have to change.

The City Administration, in conjunction with the Springdale City Council, has determined that a number of more drastic changes must be made throughout the organization if the City is going to find an appropriate and strategic way of addressing the rapid decline in its revenues.

Typically, governments receive the bulk of their revenue from tax resources. Springdale receives 75 percent of its operating revenue from earnings taxes, so any reduction in employment has an impact on the City. Those reductions have now significantly affected Springdale operations.

Economic impact significance

In the December 2009 edition of the *Springdale Newsletter*, reports indicated that City revenues (*in particular, the earnings tax*) were declining and were projected to drop by 27 percent from 2009 to 2012. At that time, the City estimated that its earnings tax would reach \$14.4 million in year 2009. In reality, proceeds were \$13,678,901. The City lost \$2,890,529 (19 percent) in earnings tax revenue between 2008 and December 2010. The 2011 Budget projects an additional decline of approximately \$689,000 in earnings tax, an additional six percent decline.

The future also holds the potential of an

Belt-tightening began in 2008

Since 2008, the City has taken a number of significant steps to reduce expenses in an effort to keep pace with declining revenues. Each year, the City has reduced its Capital Improvement budget, engaging only in projects made possible by major outside funding. Last year the City Council returned roughly \$344,000 in outside funding to the State because the City’s share would have exceeded \$120,000 in matching funds, money that the City could not afford to invest at this time.

The City has also been able to reduce expenses through several cost saving measures involving its workforce. In 2010, the majority of the employees throughout the City were mandated to participate in furlough days, salary reduction and other cost cutting measures. Since the beginning of 2008 through early 2011, the City has had a total of 20 employees retire and 8 others resign. It was necessary to fill some of these vacancies. However, there are 23 full-time positions that will not be

Community Center changes

The first significant change will be a reduction in hours, staff and programs at the Springdale Community Center, effective Sunday, June 5. Center hours will be:

Monday - Friday • 9 am – 8 pm

Fitness Center and Running Track open 6 - 9 am

Saturday • 9 am -5 pm

No change to Saturday hours

Closed Sunday

Closed on City Observed Holidays

Martin Luther King Day

President’s Day

Memorial Day

Independence Day

Labor Day

“While the Community Center is an excellent operation and a source of great pride, it is not an essential service or function on the same plane as police protection, Fire and EMS and clearing roads of snow and ice,” said Mr. Parham. “Unfortunately, those services that are not necessary for the immediate safety and well being of the community are the first to be impacted during extremely tough economic times.”

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About those door-to-door solicitors

As the weather warms, solicitors of all types begin to market their goods and services door-to-door. Some residents welcome the opportunity to review the information being offered. Others prefer not to be bothered. The bottom line is that solicitors have a right to go door-to-door, providing they adhere to City regulations in place to protect residents.



As residents encounter solicitors, remember that they are trying to make a living and have the right to approach residents and businesses providing they follow the law.

Some solicitors cannot be regulated

First of all, State law provides that "charitable, religious and political solicitations are permitted without a license from the City of Springdale." In other words, the City does not have the right or ability to regulate these types of solicitors.

Commercial entities need a license

Commercial solicitors, however, must obtain a license from the City of Springdale before canvassing door-to-door. The City will issue each commercial solicitor a license badge that must clearly be worn on the front of their outer garment. The badge will have the words "Licensed Solicitor" so that it

can be seen from a distance of 10 feet. The badge will contain the license number and the period for which the license is valid.

Any person or business may prohibit ALL door-to-door soliciting by posting a sign which reads "No Solicitation" or other similar message upon or near the main entrance of the door to the residence or place of business.

Roadside solicitation not allowed

Under Springdale's ordinances, roadside solicitation is not permitted. The law reads "No person shall stand on a roadway or right-of-way for the purpose of soliciting employment, business, or contributions from the occupant of any vehicle."

If you feel threatened

Residents and business owners who feel a solicitor has not operated within the law may call the Springdale Police Department at 346-5760 to report the activity. In an emergency, dial 9-1-1.

City Cost-Cutting...

Continued from front page

Other program changes

- **Portable Restrooms:** Portable Restrooms in Beacon, Cameron and Ross Parks will be available only from late March through the end of May.
- **Elimination of the *Fun Guide*:** the information formerly provided in the *Fun Guide* will now be online and included in the spring edition of the *Springdale Newsletter*.
- **Modify the "Annual Community Yard Sale Event":** The yard sale will no longer be a centralized event held at the Center. Instead, the new event will be a "designated Community-wide Yard Sale Day" coordinated by the Parks and Recreation staff. Residents will be encouraged to hold yard sales at their homes.

Financial subsidies end for service groups

Over the years, the City has provided financial assistance to several not-for-profit groups that provide a service to the City and its residents. That financial assistance was ended this year for the Senior Citizen Club, the Swim Team, the Greater Cincinnati Chamber of Commerce and the Springdale Chamber of Commerce.

"We'll get through this and our City will be stronger for it."

— Mayor Webster

Early Closing of City Pool

In the past, the City swimming pool would open Memorial Day weekend and close on Labor Day. In addition, when the Princeton school year began (usually the 3rd week of August), the pool would only be opened on weekends until the operations closed on Labor Day. This year, pool operations will close for the season at the end of the day on Sunday, August 14.

Discontinuation of Kids Corner

The Center will no longer provide this two-hour service, where parents could leave their children with a staff member while they used the Community Center.

"These cuts are hard for us to make," said Mayor Doyle Webster. "We will continue to look at ways to reduce the City's budget while maintaining high quality public services. Our City will endure the economic challenges, just as it has overcome the challenges through history. It is a time we all must focus on matters that are of the most importance. We'll get through this and our community will be stronger for it."

Tri-County Mall to host Law Enforcement Expo

It's a tradition 20 years in the making. Tri-County Mall and the Springdale Police Department will host the 20th annual Law Enforcement Expo at the Mall on May 14 and 15 during the

Mall's regular hours.

The Expo celebrates the law enforcement profession through interactive booths and displays staffed

with those involved in various disciplines of law enforcement. Departments from the surrounding area will have police cars, specialized vehicles and equipment on display. Visitors will have the opportunity to handle most of the equipment and get a close look — even sit — inside the vehicles as they talk to local officers from various departments. Free brochures and pamphlets on a number of subjects will be available.

Not only does the event offer a wealth of crime prevention information, the Expo has something for the entire family.

Tri-County Mall is open on Saturdays from 10 a.m. to 9 p.m. and on Sundays from noon to 6 p.m.

Safety Town returns in July

Over the years, the lessons learned at the annual Safety Town have been golden. This year, the town itself is golden as it celebrates its 50th anniversary, making it among the oldest Safety Towns in the nation... if not THE oldest.

The Springdale Police Department and Tri-County Mall, in cooperation with the Springdale Fire Department and Girl Scouts of Western Ohio, will present the annual program. Safety Town teaches 4 to 6 year olds the basic fundamentals of



street and bicycle safety over a 5-day course. This year's Safety Town will offer four sessions running July 11 - 15, July 18 - 22, July 25 - 29 and August 1- 5. Hours for the classes are 10 to 11:30 am.

Registration can be made at Tri-County Mall's Customer Service Center, beginning May 2. Registration forms are also available on-line at www.tricountymall.com or can be mailed by calling 671-0120.

Classes are limited to 40 children and enrollment is first come, first served.

Home repair program offers up to \$1,000 reimbursements

Springdale's Home Improvement and Repair Program returns for its third consecutive year, providing up to a \$1,000

reimbursement for the costs of repairs to qualifying homeowners. The program is made available through Community Development Block Grant funding from the U.S. Department of Housing And Urban Development.

To qualify, a household must meet specific income eligibility requirements. The income limit has not yet been set, but last year was \$55,600 for a family of four. This year's qualification limit is expected to be a similar amount.

Over the past two years, Springdale

awarded residents \$40,000 in reimbursements, leading to nearly \$76,000 in exterior improvements. In some cases the extra funding is what made the project possible. These improvements not only increased the individual property values, but they also enhanced the value of the entire community.

Repairs or improvements may not include such luxury items as pools, spas, landscaping, play equipment or new detached accessory structures.

For more information, call the Springdale Building Department at 346-5730 or visit www.springdale.org (Click on the Building Department link). Applications will be accepted starting May 2.



How can we help?

Police or Fire Emergency
9-1-1
Not an emergency? Then call
346-5760 for Police
346-5580 for Fire

General Information.....	346-5700
Mayor Doyle Webster	
City Building	346-5705
Home	671-4489
Clerk of Council/Finance Director	
Kathy McNear	671-2510
City Administrator	
Derrick Parham	346-5700
Assistant City Administrator	
Jerry Thamann	346-5700
Building Department.....	346-5730
Finance Department	346-5700
Police Department (non-emergency).....	346-5760
Fire Department (non-emergency).....	346-5580
Health Department	346-5725
Public Works Department.....	346-5520
Property Maintenance	
& Zoning Hotline.....	346-5734
Recreation Department	346-3910
Income Tax Department	346-5715
Public Information	
Phone Line	346-5757
Internet Address	www.springdale.org
e-mail address	admin@springdale.org

Springdale recycled 474 tons in 2010

If the old adage “Every little bit helps” is true, then Springdale residents made a big difference in the environment through their recycling efforts in 2010. Together, Springdale residents recycled 474 tons of metal, glass, plastic and paper last year!

In fact, Springdale residents increased the amount of materials they recycled — 70 more tons in 2010 than in 2009! On average, each household in Springdale recycled 214.50 pounds in 2010. That’s 12.54% of all the waste generated in a typical home.



- Saved 4,137 trees from being harvested.
- Reduced greenhouse gas pollution as if every household in Springdale did not drive a car for 25 days.
- Conserved enough energy to power every home in Springdale for a week.
- Recycling efforts in the State of Ohio have created 169,000 jobs and \$6 billion in annual wages.

While Springdale’s 2010 recycling contribution is impressive, even more can be undertaken this year. Just be sure everything on the recycling list is going into the curbside bins. *Don’t*

Recycling efforts preserve resources, conserve energy, and reduce pollution throughout the community. In addition, recycling diverts materials from area landfills, extending their useful life.

The relative impact of recycling

If there’s ever been a doubt about the benefits of recycling, consider the relative impact of Springdale’s recycling efforts in 2010:

Going Green starts here

In case you didn’t know, this newsletter is available in an electronic version. It can be viewed or downloaded from the City’s website at www.springdale.org. You can view issues dating as far back as 1999. Simply use the drop-down menu to select the issue you wish to view. The City of Springdale publishes three newsletters annually.

If you prefer to no longer receive the hardcopy via U.S. Mail, please send an email providing your street address to admin@springdale.org asking that it be removed from the mailing database. Providing your name is not required.

Recyclable Materials

- ▶ Plastic bottles & jugs (remove lids)
- ▶ Glass bottles & jars (remove lids)
- ▶ Empty aerosol cans (remove lids and tips)
- ▶ Aluminum and steel cans
- ▶ Paperboard (cereal boxes, etc.)
- ▶ Junk mail and envelopes
- ▶ Magazines, catalogs & phone books
- ▶ Newspapers
- ▶ Cardboard
- ▶ Office Paper
- ▶ Brown grocery bags
- ▶ Clean Pizza Boxes

have a bin? Call 346-5700 to request a bin today!

Have a question about recycling? Visit Hamilton County’s website at www.hamiltoncountyrecycles.org or call the Recycling Hotline at 946-7766.

FACT:
There IS life on
the other side
(for electronic devices)

There was a time that televisions and computers were so costly that they were repaired and maintained for as long as possible. In today’s world, however, it’s often easier and less expensive to simply buy a new unit when one dies.

While the old items are of no use to residents, the components inside an old television or other electronic device are like gold to companies reclaiming the materials. In fact, tiny traces of gold can be found and extracted by companies which reclaim components from old electronic devices. While that doesn’t put money directly in the pockets of residents, the fact that the old devices are recycled is a pretty big deal.

Hamilton County residents can drop off old electronics without charge at 2trg (the county’s vendor), 11085 Kenwood Road in Blue Ash. Items can be dropped off weekdays from 9 a.m. to 4 p.m. from May 2 to October 31. Special Saturday hours will be offered on June 18 and October 31 from 9 a.m. to 2 p.m.

The program will accept televisions, computer equipment, cell phones, PDAs, back-up batteries, speakers, scanners and fax machines.

When dropping off an item, residents will need to show their address on a driver’s license or utility bill. The program does not accept items from businesses or organizations.

TORNADO: Quick, what do you do!

Early spring thunderstorms have already served as a reminder of the approaching tornado season in the Midwest. In Ohio, the peak tornado season runs from April through mid-July. Planning ahead will lower the chance of injury, or even death, in the event that a tornado strikes.

In developing a tornado plan, strongly consider a weather radio alarm that can alert you to dangerous weather conditions 24-hours a day.

tornado that is posing an immediate threat. Park your vehicle and seek shelter. If a sturdy structure is not readily available, find a ditch or low spot in the ground. Stay away from cars and trees, which may become airborne.

During a tornado emergency or warning, the following information could be invaluable in protecting your family:



AT HOME: Go to the basement and get under a sturdy object, such as a workbench. If there is no basement, a small room in the middle of the house (a closet or bathroom) is best. Always stay away from outside walls and windows.

AT WORK OR SCHOOL: Stay away from large open rooms like auditoriums and gymnasiums, and rooms with windows. Lie low with hands covering the back of your head and neck to minimize potential injury.

IN A SHOPPING MALL: Go to a designated shelter area or to the center of the building on a low level. Stay away from large open rooms and windows. Never seek shelter in cars in the parking lot.

ON THE ROAD: Never try to outrun a

IN GENERAL: Always be mindful of the unbelievable force of high winds. Even small objects can become deadly missiles. Stay away from windows or exterior walls. Try to locate yourself next to a sturdy structure or object which could provide structural support to protect you from heavy falling debris. Lie down, preferably under a sturdy object, and use your hands to cover your head and neck to minimize injury.

THE AFTERMATH: Emergency help usually arrives within minutes. Keep family members together. If possible, wait for help to begin rescue efforts. Stay out of damaged buildings, which may collapse without warning. Be mindful of a potential gas leak, even in buildings without heavy damage. Never use a match or open flame device to check darkened areas.

Will your summer project need a building permit?

Whether you are making those needed repairs or turning your home into a showplace, it's important to do it right. That starts with obtaining a permit. Permits ensure that improvements meet zoning and building codes and are safe, functional and protect the welfare of the resident and the community.

PROPERTY MAINTENANCE AND ZONING HOTLINE
346-5734

Permits are required for a variety of improvements:

- Basement Finishes
- Building Additions
- Central Air Conditioning
- Covered Porches
- Patio Enclosures
- Decks
- Detached Garages
- Driveway Aprons
- Fences
- Fireplaces and Woodstoves
- Furnaces
- Gas Piping Installations
- Interior Remodeling
- Re-roofing
- Structural Repairs
- Swimming Pools
(including inflatable ring type pools)
- Hot Tubs, Spas
- Utility Buildings, Sheds
- Accessory Structures
- Water Heater Replacement

When in doubt, it's best to check with the Building Department at 346-5730 before investing in materials or starting work.

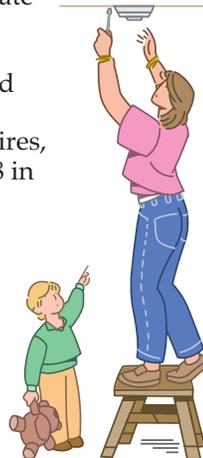
Does YOUR smoke alarm work? Try it.

In a fire, it becomes the most important device in your home. A working smoke alarm can awaken sleeping residents before it becomes too late to escape.

The good news is that fire related deaths in Ohio are declining. In 2010, 149 people were killed in fires, compared to 151 in 2009 and 188 in 2008. But one statistic hasn't changed: 86 percent of all fatal fires since 2008 occurred in a residence that had no working smoke detector.

From January 1 - 18 of this year, there were 10 lives lost due to fire in Ohio. After fire investigations were completed, it was determined that there were no smoke alarms present or functioning.

If there is no smoke detector in your home, install one. If you have one, check it monthly. Batteries should be replaced twice a year. The best way to remember is to change the batteries when the time changes in the spring and fall. If you are concerned about tossing out batteries that still may be usable, then put new batteries in the smoke detector and use the older batteries in a toy or game that isn't as important. If your smoke detector is more than 10 years old, it may be time to get a new one. Manufacturers recommend that their devices be replaced every 7-10 years.



Questions may be directed to the Springdale Fire Department at 346-5580.



Creating Community Through People, Parks & Programs

Parks & Recreation Programs

FOR PROGRAM INFORMATION, CALL THE SPRINGDALE COMMUNITY CENTER AT 346-3910, OR EMAIL GOPLAY@SPRINGDALE.ORG.

WWW.SPRINGDALE.ORG/GOPLAY

Community Center 2011 Memberships

ALL REGISTERED RESIDENTS ARE ELIGIBLE TO JOIN THE COMMUNITY CENTER.

	INDIVIDUAL	FAMILY
ACTIVITY MEMBERSHIPS <i>INCLUDES USE OF GYMNASIUM, GAME ROOM, TRACK, TENNIS COURTS, COMPUTER LAB AND ELIGIBILITY FOR YOUTH & ADULT SPORTS PROGRAMS</i>	\$20	\$30
FITNESS MEMBERSHIPS <i>INCLUDES ABOVE, PLUS USE OF FITNESS CENTER MUST BE 16+ TO USE FITNESS CENTER INDEPENDENTLY (14 & 15 WHEN WITH A PARENT)</i>	\$50	\$70
POOL MEMBERSHIPS <i>INCLUDES ALL OF ABOVE, PLUS POOL</i>	\$75	\$95
RACQUETBALL MEMBERSHIPS <i>REQUIRES ACTIVITY, FITNESS OR POOL MEMBERSHIP</i>	\$15	\$25
SENIOR POOL MEMBERSHIP <i>RESIDENTS 62 AND OLDER WILL RECEIVE AN INDIVIDUAL POOL MEMBERSHIP AT THIS SPECIAL PRICE.</i>	\$20	
SENIOR NON-RESIDENT ACTIVITY MEMBERSHIP <i>FOR NON-RESIDENTS 62 AND OLDER (MEMBERSHIP DOES NOT INCLUDE USE OF POOL OR FITNESS ROOM).</i>	\$20	
BUSINESS MEMBERSHIP <i>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</i>	\$150	\$200
SIX MONTH OPTION	\$85	\$125
NON-RESIDENT MEMBERSHIP <i>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</i>	\$300	\$400
SIX MONTH OPTION	\$160	\$225

REGULAR HOURS THRU JUNE 4

TIMES ARE SUBJECT TO CHANGE AND WILL BE POSTED AT THE COMMUNITY CENTER.

MONDAY - THURSDAY	7 AM - 10 PM
<i>FITNESS CENTER & INDOOR TRACK OPEN AT 6 AM</i>	
FRIDAY	7 AM - 9 PM
<i>FITNESS CENTER & INDOOR TRACK OPEN AT 6 AM</i>	
SATURDAY	9 AM - 5 PM
SUNDAY	1 - 9 PM

REGULAR HOURS EFFECTIVE JUNE 5

TIMES ARE SUBJECT TO CHANGE AND WILL BE POSTED AT THE COMMUNITY CENTER.

MONDAY - FRIDAY	9 AM - 8 PM
<i>FITNESS CENTER & INDOOR TRACK OPEN AT 6 AM</i>	
SATURDAY	9 AM - 5 PM
SUNDAY	CLOSED

HOLIDAY HOURS

EASTER	CLOSED
<i>SUNDAY, APRIL 24</i>	
MEMORIAL DAY	1 - 9 PM
<i>MONDAY, MAY 30</i>	
INDEPENDENCE DAY	CLOSED
<i>MONDAY, JULY 4</i>	

SPECIAL EVENTS & SEASONAL PROGRAMS

Bicycle Safety Program Kickoff Saturday, May 7 • 10 am - 2 pm Community Center

The Parks and Recreation Department, in conjunction with the Police and Fire departments, will sponsor the Bicycle Safety Program Kickoff Event at the Community Center. Free bike helmets and bike lights will be given away with each bicycle registration. Free hot dogs and soft drinks will be provided! Bicycle inspections, registration and safety instruction will be offered at this event.



Women's USSSA Qualifier Softball Tournament July 16-17

Thirty-six of the finest women's slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships.

YOUTH SPORTS & FITNESS

Youth Fall Soccer Sign-Ups

Fall sports sign-ups begin May 1

All participants must possess a current membership at the time of sports sign-ups.

Instructional Soccer

Introduce your child to soccer in this league! Instructional soccer teams play in a positive, relaxed setting. Children ages 4 - 6 by July 31, are eligible to participate. Registration is \$20 through May 31. Beginning June 1, registration is \$35.

SAY Soccer

Springdale Parks & Recreation is a part of the Soccer Association for Youth - a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old by July 31 to participate on a soccer team. Registration is \$40 through May 31. Beginning June 1, registration is \$55.

Zumbatomic

Tuesdays • 5 - 5:30pm

Kids do you like to party? Join the coolest dance class. All the hottest dance moves are taught to the hottest music. It's a blast for ages 6-14.

Ohio's One-Mile Fitness Walk

Wednesday, May 18 • 11 am - 1 pm
Healthy Ohio Challenges YOU to "Walk the Talk!"

Healthy Ohio would like to encourage you to get active. Healthy Ohio is sponsoring the fifth annual Healthy Ohio Fitness Walk. Help Ohio reach its goal of getting more than 100,000 Ohioans walking one mile — for more than 100,000 miles! Let's



do our part as a community and participate in a 20-minute, one-mile walk, to help reach this goal!



Club Rec is open to all Community Center members in 5th to 8th grade. A \$10 membership fee is required, which includes an official Club Rec T-shirt. For more information, contact Sharon Brooks at 346-3910 or check it out on Facebook!

Organizational meeting & Superstition Party May 13 • 8:30 - 10:30 p.m.

If you have a 5th through 8th grader in your house, this is just for them! Club members will plan upcoming activities and afterward be dared to break superstitions! Not a Club member? Come with a member and be eligible to win movie tickets. All members should wear the Club t-shirt and guests of members should wear a black shirt. Drinks and snacks will be provided at this free event.

Pool Party

June 10 • 7:00 - 9:30 p.m.

Have some fun in the pool and afterward chow down on pizza and play some cool games inside the Rec. Springdale Community Center members and guests of members can pre-register by June 9 for \$3. Club Rec members are free if they register by June 9 (\$5 at the door).

ADULT HEALTH & FITNESS

Cardio Kickboxing

Tuesdays, Thursdays & Saturdays

Check website or call for times

Fee is \$35/4-weeks or \$65/8 weeks (\$5/class for walk-ins). Call instructor Elaine McKay for more information at 825-7443.



Let's Get Fit

Mondays & Wednesday
10:30 - 11:30 am

FREE

There are many benefits associated with this FREE class, including working major muscle groups to increase strength and flexibility, improving strength for daily living, reducing the risk of falls, reduces stress, enhances muscle and endurance. The class follows the video "Resisting Muscle Loss" offered by the Hamilton County General Health District.

Line Dancing With the Helts

Mondays • 1 - 2 pm

Exercise and have fun at the same time! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes and enjoy learning how to line dance! Call 346-3910 with questions. Fee: \$4 per class.

Slimnastics

Mondays, Wednesdays & Fridays • 9 - 10 am

FREE

Slimnastics is a FREE fitness class for women. Instructor-Sue Smith

Stay Fit

Thursdays

FREE

1:30 - 2:30 pm

This class is FREE for Community Center members. The hour-long class will allow mature adults the opportunity to learn a variety of exercise techniques including stretching, cardiovascular fitness, range of motion, Tai Chi, and line dancing. Class is taught by Senior Fitness Instructor Jen Michaelson. Jen is certified through the Arthritis Foundation and Healthways, and she has taken many continuing education classes in Arthritis, dementia and fitness for older adults. Brought to you by Personal Touch Home Health Services.

Chair Volleyball

Mondays • 10:00-11:30 am

Wednesdays • 12:00-1:30 pm

Everyone is welcome to join us for this fun activity! There are a wide variety of benefits for participants, including improved cardiovascular fitness, increased flexibility, and the opportunity to meet new friends! Players' ages range from the 50s to 90s and all activity levels can participate.

Jazzercise/Body Sculpting

Mondays, Wednesdays & Fridays • 6 - 7 pm

Tuesdays, Thursdays & Saturdays • 9:30-10:30 am

Your first class is free. Call Instructor Elaine Smith at 575-1620 for class costs or more information.



L.I.F.E.

FREE

Tuesdays & Thursdays • 11 am - Noon

This FREE class will focus on improving your strength to help you safely perform the activities of daily living with improved balance and stability. Whether lifting a bag of groceries or standing up from a chair, every task depends on functional strength for successful execution.

R&B Dance

Wednesdays

Check website for times

Friday 12:45 - 2 pm

Any level of dancer is welcome to come learn the ropes or work on your waltz. This is not just another dance class. You will make friends, burn some calories and have a great time.

Taught by Annette Knoll, with many years of experience, you will learn everything from the Cleveland Shuffle and Southern Shuffle to the Booty Call and The Michael Jackson.



ADULT SPORTS

Get Some Instruction!

Learn the basic shots and rules of racquetball with Jerry Allen.

Lessons are open to members 12 years old through adult. Classes meet for 6 weeks on Saturdays from 10:30-11:30am. The session runs for six weeks and is free of charge.

Protective eyewear and a racquet are required.



Watercize/Aqua Zumba

Thursday • 6:30 - 7:30 pm

Saturday • 11 am - Noon

Session 1: June 9, 11, 16, 18, 23

Session 2: June 30, July 2, 7, 9, 14

Session 3: July 28, 30, Aug 4, 6, 11

Dive in to our improved Aquatic Exercise class and experience a party in the pool with some Zumba moves! Our popular instructor, Pat Cox, will lead you through a fun and refreshing workout for all ages and fitness levels. Don't miss this high energy, no impact, no sweat workout! Instructor: Patricia Cox (385-6111) Fee: \$25 / 5 classes (\$30 / 5 classes non-residents). Walk-Ins: \$7/residents (\$8/non-residents)

Zumba

Mondays, Tuesdays & Thursdays

Check Website for times

Come and join the party! Zumba combines high energy and motivating music with unique moves and combinations. It's based on the theory that a workout should be fun and easy to do, allowing participants to stick with the program and achieve long-term health benefits.

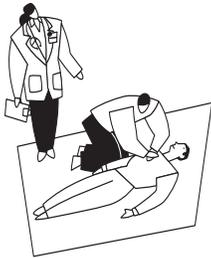
SPRINGDALE SENIOR CITIZENS CLUB

The Springdale Senior Citizens Club is open to residents who are at least 55 years of age and retired. The social starts at 9:30 a.m. every Tuesday. Meetings are held the 2nd and 4th Tuesdays of each month at 12:00 p.m. Several trips are planned each year for all Springdale senior citizens.

EDUCATIONAL PROGRAMS

CPR and First Aid Courses

If a loved one collapsed, would you know what to do? You could make a difference if you had the knowledge taught in this CPR or Standard First Aid class, held once a month at the Community Center. Registration is taken at the American Red Cross by calling 792-4000.



Creative Stamping

1st Wednesday of the month
May 4, June 1, July 6, Aug. 3 • 10:00 am
Join our instructor Edith Hulsmann to make lovely seasonal cards! Each month you will learn a new technique to enhance and embellish your creations, such as heat embossing or watercolor with ink. Not sure what the month's cards will look like? Stop by the front desk and view the samples for the coming month. All materials will be provided. Each student will complete five cards for the low cost of only \$8 OR 10 cards for \$15 (due at registration). Registration deadline is the Friday prior to the class with a class minimum of five.

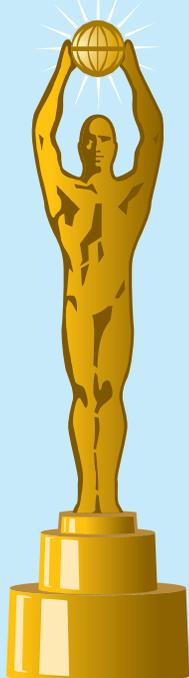
Digital SLR Photography 101

Thursdays, May 12 - June 2 • 7 - 9 pm
A more in-depth course than an introduction class. Participants will learn how to control Aperture, Shutter Speed, ISO composition, exposure and so much more! Reservations may be made at the front desk or online at www.hartongdigitalmedia.com.

Congratulations Springdale Parks and Recreation!

The Ohio Parks and Recreation Association honored Springdale Parks and Recreation with an Award of Excellence for Senior Wellness Partnerships. This is the third year in a row the Department has been recognized for adult/senior programs by OPRA.

Congratulations to the staff and participants for making the program successful!



Guitar Lessons

Adult Class: Tuesdays & Thursdays

Call for times

Youth Class: Tuesdays • 4 - 5 pm

Want to learn a new skill or find an old one? Join us for electric guitar and bass guitar lessons! Adults are invited to this fun class. Students must provide their own guitar, small amplifier and

headphones. Cost is only \$96 for the session and is required when registering. Class size is limited to a maximum of 12 students. Call instructor Ed Riley at 671-1760 with questions.

Investment Club

2nd Friday of each month • 9:30-11:30 am

Join this group and learn about investing and the stock market.



Senior Luncheons

Come out and enjoy a delicious catered lunch followed by fantastic entertainment. The cost is only \$7.50 for members and \$10 for guests. Call 346-3910 for more information.

Friday, May 20 • 11:30 am

Classical stylings of Brian Deyo on guitar and Amy Gillingham on cello.

Friday, June 24 • 11:30 am

Luau Time! Pancaribbean steel drums with Stan Ginn

Friday, July 15 • 11:30 am

Americana, Fiddle with Laura Hazelbaker

This Hot Summer Job is Cool!

ASSISTANT AQUATIC DIRECTOR

Responsible for assisting in the management and operation of the municipal swimming pool. Duties include preseason/postseason pool preparations, hiring and supervision of aquatic staff and organization of special pool related events. Knowledge of pool chemistry, filtration and daily maintenance is essential. Current certification in Lifeguarding, Water Safety Instructor, CPR and First Aid. Salary range \$4500-\$6000 DOQ. EOE.



The City of Springdale is moving into the Social Media Arena.



In an effort to assist in better communication with residents and the community, Springdale will be launching a Facebook page. Look for it in mid May!

POOL OPENS MAY 28

Pre-Season Pool Hours:

May 28 12 - 5 pm
 May 29 1 - 6 pm
 May 30 1 - 6 pm
 June 4 12 - 5 pm
 June 5 1 - 6 pm

Regular season hours:

Beginning Monday, June 6
12:15 - 8 pm

The pool will close at 5 p.m. on Tuesdays for swim meets and 6 p.m. on Thursdays for Adult Night.

The pool will also close for a few special events during the summer, watch for more information or call 346-3910.

Last Day of Swim Season Sunday, August 14

Pool Admission

Rates apply to each person entering the pool gate. No refunds

Pool Memberships \$75 (\$95/Family)

Pool Member Guests \$3/day
 or those with Activity/Fitness

Memberships at the Community Center
 Guests must remain with host member

Children under 2 years Free

Family Guest Pass

Members of the Springdale Community Center may purchase a pool day pass for their entire family (maximum four people) for \$10.

Know Before You Go!

The pool is a fun place, but there are a few rules to follow. Please make sure everyone in your family knows and follows all the pool rules. A small sampling of the rules is:

- Children 8 and under must be accompanied by a person 16 or older or have passed Level 4 swim lessons.
- Do not swim if you have had diarrhea in the past two weeks.
- Children not toilet trained must wear "swim diapers" and tight fitting swimsuits.
- Lifeguards must be obeyed.
- Excessive horseplay is prohibited.
- Swimmers must be 4 feet tall to ride the slide.
- Bathing suits are required.

Be sure to check our web site

www.springdale.org/goplay/ for a complete listing of the pool rules.

Springdale POOL NEWS

SPECIAL POOL EVENTS

Family Fun Days

The popular Family Fun Days have become a summertime family favorite!

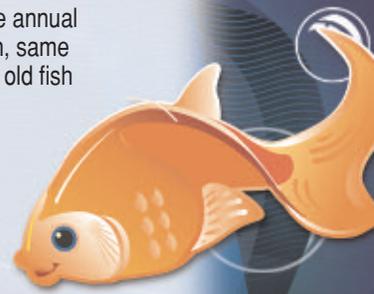
JUNE: All Captains and Crews will test the seaworthiness of their homemade boats constructed out of cardboard and duct tape! Amateur boat builders of all ages will be challenged to design, build and race boats made entirely of corrugated cardboard and duct tape. The captain and crew must power all vessels with homemade paddles or oars. Here's a little tip to get your creative juices flowing: one cubic foot of water weighs 62 pounds. That means a 180 pound person will float in a boat that is one foot by one foot by three feet (although a bit uncomfortable!)

JULY: Enjoy traditional activities, such as Duck Races, Master Splasher and Balloon Launch.

Goldfish Swim

August 13 • 12 noon

There's a new date for the annual Goldfish Swim. Same fun, same amount of fish, and same old fish stories! Spring and Dale (they're the big 4 inch fish) just can't wait until Labor Day weekend this year so they are swimming in early along with 1,000 of their fishy friends! Remember kids 12 and under must catch the fish with their bare hands, no nets, no buckets or help from Mom and Dad. Be sure to bring a plastic container to take your new pet home. Regular guest fees apply.



**Get Fit! Try
Watercize/Aqua Zumba
See Page 7**

POOL SCHEDULE

June 6 - August 14

	SUN	MON	TUE	WED	THU	FRI	SAT
7:00 am		SWIM TEAM PRACTICE					
8:00 am		7:15 to 10:00 am					
9:00 am		SWIM LESSONS					
10:00 am		10:00 am to Noon					WATERCIZE
11:00 am							11:00 am - Noon
12:00 pm							OPEN SWIM
1:00 pm	OPEN SWIM		OPEN SWIM		OPEN SWIM		Noon to 4:45 pm
2:00 pm	1:00 to 5:45 pm		12:15 to 4:45 pm		12:15 to 5:45 pm		
3:00 pm		OPEN SWIM		OPEN SWIM		OPEN SWIM	
4:00 pm		12:15 to 7:45 pm		12:15 to 7:45 pm		12:15 to 7:45 pm	
5:00 pm			Reserved for SWIM MEET				
6:00 pm					ADULT SWIM		
7:00 pm					6:00 to 7:45 pm		
8:00 pm					WATERCIZE		
					6:30 - 7:30 pm		

Soar with the Sailfish!

No Timeouts. No Substitutions. Everybody Swims!

If your kids love to swim and have passed Level 3 swim lessons, then they are eligible for the Sailfish swim team.

Coaches OJ, Amanda and Joanna are committed to developing each swimmer by providing a positive learning environment while emphasizing safety

and respect for the water. Not only will your child build self-esteem, they will create lifelong memories of summers at the pool. Resident children ages 5-18 may register at the Community Center now. Beginning June 1 non-resident children may register. For more information, call Debbie Stahlgren at 851-3469 or Sharon Brooks at 671-1883.



Meet the Coaches!

May 25 • 7 pm

Current and prospective swimmers and their families are invited to attend an informative session with Head Coach OJ Mesina

and Assistant Coaches Amanda Weber and Joanna Pollard.

The coaches will outline their plans for an exciting Sailfish season! Practice times, meet schedules, swimmer incentives and team suit information will be provided, along with free pizza and drinks!

It's a Burger Bash!

June 15 • 4 - 8 pm

The dinner bell is ringing at Wendy's Famous Hamburgers at Northland Blvd. and Route 4! Grab the family for dinner out and support the Springdale Parks and Recreation Sailfish swim team at the same time. Wendy's will donate 10% of their drive-thru and dine-in sales to the Sailfish swim team from 4 to 8 p.m.

Yummies for your Tummies!

The Sailfish swim team will operate the pool concession stand this summer to help defray the costs of operating the team. Help support the organization that serves over 60 Springdale children by simply purchasing snacks and soft drinks from the stand. The concession stand will be open 1 to 4 p.m. Monday thru Saturday, beginning June 6. (The concession stand is closed on Sundays.)

We care and A.S.A.P. proves it!

The mission of the Parks & Recreation Department is to provide functional and well-maintained facilities to the community. The aquatic staff takes pride in the fact that there has never been a serious accident or near drowning at the pool. This achievement doesn't happen by chance. Many factors must be in place for the Community Center pool to be a safe environment, children must obey lifeguards, parents must watch their kids and lifeguards must stay vigilant and ready to react to any given situation.

As part of the Aquatic Safety Assurance Program (A.S.A.P.),

staff conducts a variety of in-service trainings for all lifeguards. Additionally, pool guests are randomly selected to complete an *Aquatics Quick Check*. It is a simple quick snapshot of what a guest observes while at the pool. By supplying this information, each pool member will help identify areas that might need attention or further improvement.

If you are asked to fill-out the *Aquatics Quick Check*, please take the time to do so and remember that there can never be too many eyes or ears when it comes to the safety of the Community Center swimming pool and its guests and patrons!

Lifejackets float — Non swimmers don't

Community Center lifeguards receive hours of training in water safety and rescue. It is their job to keep the pool a safe environment. Over the years, they've done a remarkable job! Safety is the number one priority of every lifeguard, but keep in mind they watch many people at one time and cannot watch any one child all the time.

Parents should observe their children closely while they are in the water. Do not take your eyes off your child while he or she is in the water. Do not depend on them yelling for

help if they get in to trouble. Sadly, drowning is often a silent death and too many children are found motionless on the bottom of a pool even with lifeguards and supervising parents present.

Help the staff keep everyone safe this summer. If a child, particularly less than eight years of age, is a non-swimmer, insist that they use a lifejacket. Jackets are available in the pool office without charge. Remember, lifejackets float — non-swimmers don't!

Swim Lessons

Member Registrations Now Underway!

LEARN TO SWIM THE RED CROSS WAY!

The American Red Cross Learn-to-Swim classes provide instruction to help swimmers ages 3 to 12 to develop their swimming and water safety skills. It is designed to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water. Your child is in good hands with the Red Cross and Springdale Parks and Recreation Department Water Safety Instructors! For more information, contact Springdale Parks and Recreation Department at 346-3910 or visit www.springdale.org/goplay.

LEVELS 1 & 2

Lesson Dates: Morning sessions last two weeks, Monday-Friday for 30 minutes. Call 346-3910 for available times.

Sessions: 1A . . . June 6 - 17
1B* . . . June 20 - July 1
2A . . . July 11 - July 22
2B* . . . July 25 - August 5

**Resident children enrolled in 1A or 2A classes may not enroll in 1B or 2B until the last day of 1A or 2A class.*

Class Costs: Classes are \$5 per session for 2011 pool members. For non-Pool Members (*Residents with Fitness or Activity Memberships*), classes are \$10 per session. Non-Resident classes are \$20 per session.

Level 1: This course marks the formal beginning of the Learn to Swim Program. Students will learn beginning water skills, which they will progressively build on throughout the program. Some skills taught include: front and back floats and going under water. 5:1 student/instructor ratio. *Must be 3-6 years old by June 1, 2011.*

Level 2: The object of this level is to give students success with fundamental skills. Students learn to float without support and recover to a vertical position. This level marks the beginning of true locomotion skills. Students explore simultaneous and alternating arm and leg actions to lay the foundation for future strokes. 5:1 student/instructor ratio. *Must be 4-6 years old by June 1, 2011, and passed Level 1.*

LEVELS 3 AND HIGHER

Lesson Dates:

Morning sessions last four weeks, Monday-Friday for 30 minutes. Call 346-3910 for available times. There is a limit of 8 children per class.

Sessions: 1 June 6 - July 1
2 July 11 - August 5

Class Costs: For 2011 Pool Members, classes are \$10 per session. For non-Pool Members (*Residents with Fitness or Activity Memberships*), classes are \$20 per session. Non-Resident classes are \$40 per session.

Level 3: The objective of this level is to build on the skills learned

in level 2 by providing additional guided practice. Students are taught to coordinate the front crawl and elementary backstroke. They are also introduced to the scissors kick and treading water. 8:1 student/instructor ratio. *Must be 5 years old by June 1 and passed Level 2.*

Level 4: The objective of this level is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their endurance and improve their skills by swimming front crawl and back crawl for greater distances. Students will continue to build on butterfly, elementary backstroke, breaststroke, sidestroke. 8:1 student/instructor ratio. *Must have passed level 3.*

Level 5: The objective of this level is to coordinate and refine strokes. Students will work on refining all strokes and increasing their distances. They will also learn front and back flip turns. 8:1 student/instructor ratio. *Must have passed level 4.*

Level 6: This class will refine strokes even further so students are able to swim with more ease, efficiency, power and smoothness over greater distances. 8:1 student/instructor ratio. *Must have passed level 5.*

Junior Sailfish: This class will provide special attention to improving on the four competitive strokes and endurance. Ideal for students who might be interested in joining the Sailfish Swim Team or becoming a certified lifeguard. 8:1 student/instructor ratio.

ADULT SWIM LESSONS

Do you have a fear of water? Not to worry! Our easy going instructors will work with you at your own ability level and at a pace comfortable to you. Already know how to swim but want to learn a new stroke? We can do that too! Whatever your ability is, if you want to learn to swim, improve your swimming skills or increase your comfort level in the water, join us on Thursday nights from 6:30-7:30 p.m. beginning June 9 - July 28. This class is open to children ages 13 and up when accompanied by an adult. Registration is now underway. A maximum of 10 will be enrolled in this class.

Class Costs: For 2011 Pool Members, classes are \$10 per session. For non-Pool Members (*Residents with Fitness or Activity Memberships*), classes are \$20 per session. For Non-Residents, classes are \$60 per session.



City of Springdale

11700 Springfield Pike
Springdale, Ohio 45246

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Doyle H. Webster

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Home671-4489

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Bob Diehl851-6560

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2 Holly McQuillan-Emerson742-2418
3 Marjorie Harlow671-6916
4 Tom Vanover671-7034

Clerk of Council/Finance Director

Kathy McNear671-2510

City Administrator

Derrick Parham346-5700

Assistant City Administrator

Jerry Thamann346-5700

emailadmin@springdale.org



www.springdale.org

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NEWS IN BRIEF

Third Annual Farmers' Market returns to Springdale Town Center June 2

Each Thursday from June through October, a Farmers' Market is offered from 3 to 7 p.m. at the Springdale Town Center at the corner of West Kemper and Springfield Pike. Vendors offer a variety of fresh produce and other products. Many vendors from last summer have already re-committed, along with a number of new vendors for the 2011 market. The Farmers' Market is sponsored by the Springdale Chamber of Commerce. For more information, call 346-5712.

Mammogram Van here August 30

The American Cancer Society recommends that women have a mammogram every year starting at age 40. Those under age 40 with a history of breast cancer affecting a mother, sister or daughter, should talk with a doctor

about beginning screenings at an earlier age. As a convenience to residents, the Jewish Hospital Mobile Mammography Van will visit the Springdale Community Center on Tuesday, August 30, from 8:30 a.m. to noon. To arrange for an appointment, call 686-3300. A minimum of 15 participants is needed. Insurance will be directly billed (*Mammography is usually covered but for best coverage check that Jewish Hospital is a panel provider with your insurance provider*). Financial assistance may be available by calling 686-3306.

Diabetes workshop returns

The Springdale Health Department will again offer the Healthy U Diabetes Workshop starting on May 12. During the six workshops, participants will learn about managing Type 2 diabetes through instruction and action. Past participants agreed that the workshop covered issues that concerned them and gave them more confidence in dealing

with their diabetes on a day to day basis. Registration is limited. Call 346-5725 to attend.

Cholesterol and Sugar Testing

Cholesterol, LDL, HDL, Glucose finger-prick testing is offered by the Springdale Health Department on the third Thursday of each each month from 8 - 11 am. The cost is \$15. For an appointment, call 346-5725.

Immunization Clinics

Childhood vaccines are available monthly at the Springdale Health Department on the first and third Wednesday mornings. Call 346-5725 for information.

Energy option to be on ballot

As a reminder, residents will see two issues on the November ballot to create energy aggregates to save energy costs. One issue is for electric rates and one for natural gas service.