

# CITY OF SPRINGDALE NEWSLETTER

PUBLISHED FOR THE RESIDENTS OF SPRINGDALE, OHIO

## City now empowered to seek lower energy bills

Springdale residents passed two energy aggregate issues on the November 8 ballot by wide margins, giving the City the right to negotiate for the lowest rates possible from a variety of suppliers of electricity and natural gas. The two initiatives had been placed on the ballot to create two separate aggregation programs (one Electrical and one Natural Gas) that could save residents and small businesses money on their energy bills.

Now that the issues have passed, the City is authorized to seek the best deals on retail electric and natural gas services. Small businesses located in Springdale can take advantage of the programs. To find out if a business qualifies, visit the Ohio Public Utilities Commission at [www.puco.ohio.gov](http://www.puco.ohio.gov).

The City will develop a plan of

operation and governance for the aggregation programs. Prior to adopting the plan, Council will hold two public hearings to discuss it. Before the first hearing, a notice of the hearing is required to be published once a week for two consecutive weeks. The notice will summarize the plan and provide details of each hearing. The City estimates that it will take approximately 100 days following the initial public hearing for the aggregation programs to begin.

By law, the City's plan must clearly communicate that all Duke Energy utility customers will be enrolled automatically in the aggregation programs and will remain in the group, unless a customer indicates a desire not

to be enrolled in the program. The plan will describe the exact method and procedures in which those customers can indicate their desire to not participate. These procedures shall also allow any person enrolled in the aggregation programs the opportunity to opt-out of the programs every three years, without paying a switching fee. Any person who opts-out of the aggregation programs will default to the standard service (will return to Duke Energy) until the person chooses an alternative supplier.

The public hearings to discuss the aggregation programs are scheduled for the December Council meetings, December 7 and December 21 at 7 p.m. Questions can be addressed by calling the Municipal Building at 346-5700.



## New businesses improve City's economic outlook

As the National, State and even local economies have faced some of the most trying and difficult

times, the City of Springdale has experienced a number of successes that will help stabilize the local economy. Seventy percent of the Springdale economy is comprised of Office and Retail Businesses. Two to three years ago, when the market was in its full fledged downward turn,

Springdale — like many other communities — experienced a number of vacancies and a loss of jobs.

At the end of 2009, General Electric relocated over 1,200 jobs out of the City's office sector. Avon announced that it would soon begin to eliminate two of their three operations (manufacturing,

returns and their call center). This would mean the loss of another 400 – 700 jobs.

In the City's visible retail area, approximately 400,000 square feet of retail space was lost, impacting 400 jobs. Retail establishments such as Walmart, Circuit City, Old Navy and Borders were some of the employers that closed.

Today, the City has added or renewed seven office-based businesses which have or will occupy 453,000 square feet and employ over 2,200. It is expected that Springdale's 2012 office occupancy will be 17 percent above that of 2009, including the major announcement by Humana to locate in Springdale. Other not-so-public successes are organizations such as Sugar

Creek Packing and College Source, Inc.

Springdale has added or renewed 22 retail businesses, which account for 647,000 square feet of space and employ over 600 people. Retail occupancy levels have or will increase from 72 percent in 2009 to 83 percent in 2011.

Added to the Springdale economy was Morris Home Furnishings, Home Emporium, Full Throttle Karting, 5 Guys Burgers, Woodcraft, Smoq Restaurant, Front Room Furniture, Aspen Dental, the Vitamin Shoppe and several others. Springdale was also able to retain a number of businesses who simply changed their physical address and location. Those who announced plans to remain include TJ Maxx, Verizon, Treehouse Kids and Party City.

Economic development will remain a priority as Springdale and the nation begin to emerge from difficult economic times.



In 2011, Pictoria Office Tower has been fully leased with 1st Financial Bank moving there.

# Wintertime poses unique dangers

With the temperatures dipping below freezing, residents should begin focusing on family safety for the winter months. In many cases, tragedy can be averted with a few moments of planning.

## Smoke Detectors

Every home should have at least one smoke detector on each floor. All detectors should be tested frequently, with batteries changed twice a year. Prevention organizations recommend fresh batteries each time clocks are changed with Daylight Savings Time. Since the batteries may still have useful life, rather than discard them, place them in another device that is less important than a working smoke detector. Fire prevention organizations highly recommend that smoke detectors be replaced every ten years to take advantage of the latest technology.

## Carbon Monoxide

With homes closed up tight for the winter and heating sources in use, the danger of carbon monoxide poisoning increases. Carbon Monoxide is produced anytime a fuel (gas, oil, kerosene, wood or charcoal) is burned. Usually gases are vented to the outside, however poisoning can occur if a unit malfunctions or a vent is blocked or

disconnected. Check heating sources carefully before use. If in doubt, call a professional to check devices.

Carbon monoxide, which is colorless, invisible, and odorless, can render a person — or a whole family — unconscious in minutes, at which point death can result. If someone — particularly a whole family — has a headache, nausea, sudden flu-like symptoms and/or dizziness, consider the potential of carbon monoxide poisoning and exit the building to get fresh air immediately. Go to a neighbor's house or dial 9-1-1 from a cell phone.

Carbon monoxide detectors can be expensive and unreliable. Having a detector may provide a false sense of security. The best safeguard against carbon monoxide poisoning is prevention, knowledge and awareness.

## Fireplace Dangers

With higher fuel costs, more people are heating their home with fireplaces and wood stoves. While the extra warmth may help ease heating bills, great caution is needed to prevent fires.

Slow burning, smoldering fires can create a danger of chimney fires due to

the build-up of Creosote, a tar-like substance. Heavier build-up is produced when burning soft (pine, spruce, etc.) or unseasoned wood. Chimneys should be inspected and cleaned.

When creosote becomes too thick, it can ignite as a frightening and dangerous fire inside the chimney. There is little room for doubt when a chimney fire erupts in a roaring, crackling event. The fire can quickly become so hot that it can ignite

other structures around it. In the event of such a fire, dial 9-1-1 and get everyone out of the house. Never attempt to extinguish a chimney fire with water. Instead, call 9-1-1.

Many fires are caused by hot ashes deposited in a trash can. Embers can remain red hot for days after a fire burns out. Always use a metal can with a tight fitting lid. Always place the can outdoors on a non-combustible surface. Be sure the embers have extinguished before placing them at the curb for trash pick-up.

## For safety...

The City of Springdale requires a permit to be issued for wood burning appliances. Inspectors look for proper installation with adequate clearances. Outdoor wood-fired furnaces and boilers are prohibited in Springdale because of excessive smoke generation that impacts adjacent properties. Contact the Springdale Building Department at 346-5730 for more information.

## Beware this holiday season

It's a busy season for holiday shoppers... and for thieves who thrive on the fact that victims are not thinking about their safety. Beware at all times:

### A knock at the door

Criminals sometimes pose as couriers delivering gifts. It is not uncommon for people to try to take advantage of others' generosity during the holidays by going door-to-door for charitable donations. Ask for identification and find out how the funds will be used. Decline a donation if there are any doubts. If there is a question about solicitors, call 9-1-1 to have them checked out.

### While Shopping

Stay alert and always be aware of what is going on around you. Park

in a well-lighted space and be sure to lock the car. Close windows and hide shopping bags and gifts in the trunk.

Avoid carrying large amounts of cash; pay with a check or credit card whenever possible.

Deter pickpockets and purse-snatchers by not overburden yourself with packages. Be extra careful with purses and wallets. Carry a purse close to your body, not dangling by the straps. Put a wallet in an inside coat or front pants pocket.

If children accompany you to stores, teach them to go to a store clerk, security guard or police officer if they become separated.



## Like Us



Springdale has launched its Facebook page to assist in better communication with residents.

# How you can help road crews this winter

It's just a matter of time before a fluffy white covering blankets the local landscape. Springdale's Public Works Department is prepared for winter's worst with stockpiled road salt and plows ready for action.

Short of climbing behind the wheel of a plow, there's plenty residents can do to assist snow plow operators in their efforts to safely and efficiently clear the roadways:

- Delay non-essential travel until after the roads have been cleared.
- Park vehicles off the street. Remove items, such as basketball hoops, from the right-of-way. This will enable plow operators to clear the roadway more efficiently. Driving a plow is challenging enough. Imagine having to steer around parked cars on a slippery street.
- Do not deposit snow into the street

when using a snow blower or shoveling a driveway. Not only does the snow require attention by road crews on their next pass, a homeowner could face liability issues should their actions cause an accident.

- Never allow children to play in snow piles along the roadway. A plow operator may not see them when approaching in less than optimal weather conditions, or if the children have burrowed into the pile.
- If possible, wait until the plow has passed before shoveling the area of a driveway near the street. Plow operators are simply doing their job by clearing the street. The snow must be pushed to the side of the road, which also — unfortunately — includes driveway entrances.
- Stack snow on the left side of the driveway entrance (when facing the

house) in order to minimize the amount of snow that may be pushed into the driveway entrance by a plow. Plows typically clear snow in the direction of normal traffic, so a large snowpile on the left side of a driveway will be pushed away from the drive entrance.

- Do not try to pass a snowplow or salt truck. Stay 100 feet back from salt trucks.
- Every truck has blind spots, so don't assume the driver can see every area around the truck. Never pull up behind a salt truck.
- The City will not take requests for streets to be plowed. Streets are prioritized based upon traffic volume and terrain. Heavily traveled streets get first attention so that emergency vehicles can pass. Less traveled streets — like a cul-de-sac or a dead-end street — are plowed last.
- Finally, crews are not superhuman. While they make every effort to clear the streets in an efficient and timely manner, they are limited by the severe weather conditions. Please remain patient during major storm events.

## Springdale projects taking full advantage of grant resources

Despite the economy, Springdale has been successful in finding ways to make improvements in the community by leveraging its own capital with various grants.

### Chamberlain Park

Improvements have started in Chamberlain Park along the Beaver Run Stream. Improvements include replacement of a failing wall system, installation of riffles that help slow the flow of water during major storm events, and installation of vegetation to reforest the area and stabilize the bank. Funding was made available through a grant from the Ohio Environmental Protection Agency. The grant covered 80 percent of the \$326,867 project cost, with Springdale providing a 20 percent match.

### Century Circle North

Century Circle North, east of Century Boulevard, will be totally reconstructed with new curbs, storm sewer improvements and a roadway surface. The project is estimated at \$535,000, with 70 percent of the

funding covered by a grant from the Ohio Public Works Commission. Springdale will fund the other 30 percent of the cost. The project will be bid in early 2012, with completion projected by the fall.

### Traffic signal upgrades

Traffic signals are being upgraded to LED light fixtures to reduce energy consumption and provide better signal visibility. Springdale will cover 20 percent of the funding, with the balance coming from a federal grant. Total cost of the upgraded signals will be \$908,551. The project has been awarded to a local contractor, with all work coordinated through Ohio Department of Transportation.

### NB SR 747 Turn Lane

An additional left turn lane will be added to northbound SR 747 to westbound I-275 to better accommodate higher traffic volumes. Springdale will pay roughly four percent of the cost, with the balance funded by other outside sources.



**Springdale Offering Support seeks your help in adopting a local family in need for the holiday. Tax deductible donations are also accepted.**

**Call 346-5774 or 346-5725 for information.**

# Beware: these vampires bite your wallet

In these tough economic times, every dollar counts. Yet, many residents may be wasting money for electricity and not even realize it.

Beware of what Duke Energy calls "energy vampires," electrical devices that use electricity, even when they're turned off. Taken together, they can account for as much as 20 percent of a home electric bill! These devices include:

- **Wall warts:** These are devices like cell phone chargers that have a large plug. They consume energy, even when the device to be charged is not plugged in.



- **Bricks:** Cords used with laptop computers, televisions and some cable TV equipment are often joined in the middle by large black boxes. These "bricks" use energy continuously as long as they remain plugged in. Other examples include cable and satellite boxes; digital TV converters; DVR, VCR and DVD players; MP3 players; video game consoles, standby coffee makers, devices that turn on instantly with remote control and devices with a standby light or clock.

It sounds too simple to be true, but unplugging these devices when not in use can save money.

## Other ways to save

- Use energy-saving features commonly built into personal computers.
- Plug wall warts and bricks into power strips, then turn them off when not needed. Using "smart" power strips makes it even easier.

These power strips automatically cut off power when devices are not in use.

## More ways to save energy

- Change the filter on your furnace. A dirty filter makes the furnace work harder, which uses more energy.
- Maintain your heating system. Have your system checked out by a licensed technician to optimize efficiency and help prevent costly repairs.
- Use a programmable thermostat. You can save up to 10 percent every year on your energy use by cutting back the temperature 10 to 15 degrees for eight hours a day (such as while sleeping or away at work).
- Adjust the brightness on your TV. Some newer televisions are automatically configured for "store" mode, which is a brighter, high-energy mode set by manufacturers before they've been shipped to stores. That high level of brightness may not be necessary in your living room. Try out the "home" setting for a better picture, longer TV life and energy savings of up to 30 percent.

## How can we help?

**Police or Fire Emergency**  
**9•1•1**

Not an emergency? Then call  
346-5760 for Police  
346-5580 for Fire

General Information.....	346-5700
<b>Mayor Doyle Webster</b>	
City Building .....	346-5705
Home .....	671-4489
<b>Clerk of Council/Finance Director</b>	
Kathy McNear .....	671-2510
<b>City Administrator</b>	
Derrick Parham .....	346-5700
<b>Assistant City Administrator</b>	
Jerry Thamann .....	346-5700
<b>Building Department .....</b>	<b>346-5730</b>
<b>Finance Department .....</b>	<b>346-5700</b>
<b>Police Department (non-emergency).....</b>	<b>346-5760</b>
<b>Fire Department (non-emergency).....</b>	<b>346-5580</b>
<b>Health Department .....</b>	<b>346-5725</b>
<b>Public Works Department.....</b>	<b>346-5520</b>
<b>Property Maintenance &amp; Zoning Hotline .....</b>	<b>346-5734</b>
<b>Recreation Department .....</b>	<b>346-3910</b>
<b>Income Tax Department .....</b>	<b>346-5715</b>
<b>Public Information</b>	
Phone Line .....	346-5757
Internet Address .....	www.springdale.org
e-mail address .....	admin@springdale.org

# Tuition is FREE at Healthy U

Most people attend educational programs to increase their income potential. An educational program will soon be available in Springdale that could save a life. A six-week program, Healthy U is being offered in Springdale for adults with Type 2 diabetes. The program is also open to those providing care to those with the condition. Tuition will be absolutely free.

An emphasis will be placed on managing symptoms, improving the diabetic's quality of life and saving money on health care costs. Topics include healthy eating, using medications correctly, blood sugar control and preventing complications.

The 6 week program will begin in January. To enroll, call 346-5725. Enrollment is limited.

## These healthy services are available

The Springdale Health Department offers a variety of programs for residents. For appointments or information, call 346-5725. Services include:

is offered monthly on the third Thursday mornings.

Immunizations for children are provided monthly on the first and third Wednesday mornings.

Blood pressures are taken monthly on the third Tuesday at Community Center from 10:30 am to 12:30 pm. The service is also available by appointment.

Lipid/Glucose Screening blood testing

Home visits by Springdale's nurse are also available to elderly and disabled residents.

# How to cut down on waste this holiday

The holidays tend to produce mountains of trash. Fact: there's 25 percent more trash between Thanksgiving and New Year's than any other period of the year — that's an extra 25 million tons of waste. These ideas can help combat clutter and result in an environmentally friendly holiday:

## Paper Waste

- Send holiday e-cards as opposed to countless paper cards, or purchase cards made from recycled paper.
- Reuse packaging peanuts and boxes when shipping presents.
- Don't wrap oversized gifts. Make a treasure hunt out of it, or simply tie a bow around them.
- Practice BYOB – Bring Your Own Bag when shopping.

- Give gifts that don't need to be wrapped, like gift certificates or tickets to concerts or sporting events.
- Avoid using tinsel on the tree this year — consider making ornaments from things around the house, instead. Homemade ornaments will be more memorable.
- Recycle cardboard boxes.
- Recycle wine corks.
- Old gift cards? Best Buy will take those off your hands.

## Holiday Food

- Plan meals wisely and practice portion control to minimize waste in the first place.
- Send holiday leftovers home with guests in reusable plastic containers.

- Compost food waste. Fruits and vegetables are great material for backyard composting — they're natural fertilizers.

## Conserving Energy

- Turn the heat down before a party— body heat will add warmth to the room.
- Have a candlelit dinner.
- Plan holiday shopping in advance and consolidate trips to save gas.
- Use timers on holiday lights for energy saving.
- Use smaller lights when decorating — they use less wattage and consume less energy.
- About 40 percent of all battery sales occur during the holiday season. Consider purchasing rechargeable batteries to accompany electronic gifts this year.

# Garden Club members stay busy even during the long cold winter season

There's always something happening with the Springdale Garden Club (SGC). In November, the SGC met in the Fire Department's training room to make the Christmas swags for placement on the Welcome to Springdale Signs and Community Buildings. Once completed, the Public Works Department installed the swags.

In January, the SGC will present a workshop entitled "Landscaping Your Front Entrance." Ann Fox, a Cincinnati Horticultural Society member and landscape designer, will be the presenter. Guests are always welcome but reservations are needed to better plan for the numbers to be in attendance.

A program on starting seeds will be offered in February. Some Club members have perfected the art and will offer helpful tips.

The SGC's High Tea is planned for March. Club members sponsor their own tables and use their own dishes and linens. The end result is a unique event. Space is limited, so early reservations are recommended. The past two years have resulted in capacity crowds.



Karen Reynolds enjoys High Tea with her daughter, Robin, and grandchildren Halley, Anna and Dawn.

April's program will discuss the planning of a cutting garden. The month is also the time members help Springdale Elementary School with its Butterfly garden.

May plans include the SGC Annual Flower Sale, planting flowers in the beds in front of the Community Center and helping the school children plant annuals in their Butterfly garden.

The 2012 season will end with a garden tour in June in the local area.

New members are always welcome. For meeting information, contact Joan Knox at joanknox99@fuse.net or at 674-7755.

Each person can make a difference just by slightly changing holiday habits. For questions about recycling, call the Recycling Hotline at 946-7766 or visit [HamiltonCountyRecycles.org](http://HamiltonCountyRecycles.org).

## Join Us!

### Regularly Scheduled Monthly Meetings

Held at the Springdale Municipal Building, 11700 Springfield Pike:

#### City Council

1st & 3rd Wednesdays of each month at 7 p.m.

#### Planning Commission

2nd Tuesday of each month at 7 p.m.

#### Board of Health

2nd Thursday of each month at 7 p.m. (except June, July & August)

#### Board of Zoning Appeals

3rd Tuesday of each month at 7 p.m.

Held at the Community Center:

#### Recreation Commission

1st Tuesday of each month at 7 p.m. (except June, July & August)

For more information about meetings and events, please call the Municipal Building at 346-5700.



# Creating Community Through People, Parks & Programs

# Parks & Recreation Programs

FOR PROGRAM INFORMATION, CALL THE SPRINGDALE COMMUNITY CENTER AT 346-3910, OR EMAIL [GOPLAY@SPRINGDALE.ORG](mailto:GOPLAY@SPRINGDALE.ORG).

[WWW.SPRINGDALE.ORG/GOPLAY](http://WWW.SPRINGDALE.ORG/GOPLAY)

## Community Center 2012 Memberships

ALL REGISTERED RESIDENTS ARE ELIGIBLE TO JOIN THE COMMUNITY CENTER.

	INDIVIDUAL	FAMILY
<b>ACTIVITY MEMBERSHIPS</b> <small>INCLUDES USE OF GYMNASIUM, GAME ROOM, TRACK, TENNIS COURTS, COMPUTER LAB AND ELIGIBILITY FOR YOUTH &amp; ADULT SPORTS PROGRAMS</small>	\$20	\$30
<b>FITNESS MEMBERSHIPS</b> <small>INCLUDES ABOVE, PLUS USE OF FITNESS CENTER MUST BE 16+ TO USE FITNESS CENTER INDEPENDENTLY (14 &amp; 15 WHEN WITH A PARENT)</small>	\$50	\$70
<b>POOL MEMBERSHIPS</b> <small>INCLUDES ALL OF ABOVE, PLUS POOL</small>	\$75	\$95
<b>RACQUETBALL MEMBERSHIPS</b> <small>REQUIRES ACTIVITY, FITNESS OR POOL MEMBERSHIP</small>	\$15	\$25
<b>SENIOR POOL MEMBERSHIP</b> <small>RESIDENTS 62 AND OLDER (AND THEIR SPOUSE) CAN RECEIVE A POOL MEMBERSHIP (PER PERSON)</small>	\$20	
<b>ANNUAL BUSINESS MEMBERSHIP</b> <small>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</small>	\$150	\$200
<b>6 MONTH BUSINESS MEMBERSHIP</b> <small>SAME AS ABOVE, BUT FOR SIX MONTH PERIOD</small>	\$85	\$125
<b>NON-RESIDENT MEMBERSHIP</b> <small>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</small>	\$300	\$400
<b>6 MONTH NON-RES. MEMBERSHIP</b> <small>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</small>	\$160	\$225

### REGULAR HOURS

<b>MONDAY - THURSDAY</b> .....	9 AM - 9 PM
<small>FITNESS CENTER &amp; INDOOR TRACK OPEN AT 6 AM</small>	
<b>FRIDAY</b> .....	9 AM - 9 PM
<small>FITNESS CENTER &amp; INDOOR TRACK OPEN AT 6 AM</small>	
<b>SATURDAY</b> .....	9 AM - 5 PM
<b>SUNDAY</b> .....	CLOSED

### HOLIDAY CLOSINGS

<b>CHRISTMAS DAY</b> .....	CLOSED
<small>SUNDAY, DECEMBER 25</small>	
<b>DECEMBER 26</b> .....	CLOSED
<b>NEW YEAR'S DAY</b> .....	CLOSED
<small>SUNDAY, JANUARY 1</small>	
<b>JANUARY 2</b> .....	CLOSED

## SPECIAL EVENTS & SEASONAL PROGRAMS

### ANNUAL SENIOR HOLIDAY LUNCH

Friday, December 9 • 11:30 am • GE Park Windows on the Green Restaurant will feature a mouthwatering menu, along with entertainment provided by Legend Lore and speaker Ceci Wiselogel. Cost is \$14 for members and \$16 for guests. *Reservations must be made with payment by December 4. Call 346-3910 with questions.*



### SPRINGDALE YOUTH BOOSTERS CINEMA HORSERACES

Saturday, February 25 • 7:00 pm



The Youth Boosters will host their annual Cinema Horseraces in the auxiliary gymnasium. Call or stop at the Community Center to get tickets.

## THE GIVING TREE

*Until December 9*  
Check out the Giving Tree in the Community Center lobby. Select an ornament and bring that gift either wrapped or unwrapped to the Springdale Community Center by Friday, December 9.



## JUST FOR YOUTH

### CLUB REC

Club Rec is a community based volunteer organization that provides organized activities and events that help fulfill the recreational needs of children in 5th - 8th grade.



The purpose of Club Rec is to have fun, organize activities and volunteer in our community. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what it's about! The cost is \$10, which includes a t-shirt.

### KIDS GUITAR LESSONS

*Tuesday • 4:00-5:00 pm*  
The session meets for eight weeks for \$96. Class size is limited to 12 students. Call instructor Ed Riley at 671-1760 with questions. Students must provide guitar, small amplifier and headphones.

### MS. DENA'S BALLET

*Ages 5-8*  
*Monday & Wednesday • 4:30-5:30 pm*  
Your kids can learn classical ballet through fun and creative themes. Your child will enjoy learning basic barre techniques, musicality and body awareness. Ms. Dena is a former professional ballet teacher with the Toledo Ballet Company. For information, contact Dena at 761-0671.

## SPRING SPORTS SIGN-UPS

Springdale Youth Boosters will accept spring and summer sports sign-ups beginning January 2 through January 31. All participants must have a current Community Center membership to register for spring sports.

**Knobole Baseball** is open to children who were born between May 1, 1998, and April 30, 2005. Sign-up cost is \$40 (\$55 after January 31).

**Instructional T-Ball** is offered to children born between May 1, 2005 and April 30, 2007.

Introduce your child to baseball and softball in this T-ball league. Cost is \$20 per child (\$35 after January 31).

**Girls Softball** is open to girls who were born between August 1, 1993 and July 31, 2005. The cost is \$40 (\$55 after January 31).

**SAY Spring Soccer** is offered to children born between August 1, 1992 and July 31, 2005. Sign-up cost is \$40 (\$55 after January 31).

### Gift Certificates Available!

Community Center gift certificates are available for all memberships. Show a special family or individual how much you care with a 2012 Community Center membership. Recipients must meet eligibility requirements. Call or stop by the Community Center for more details.

## ADULT/SENIOR PROGRAMS

Contact the Community Center at 346-3910 for information and additional activities.

### AARP INCOME TAX HELP

As 2011 winds down and you are organizing your affairs, remember that we offer AARP Tax Help beginning in January. Call after the first of the year for appointments for this free tax filing service for those senior citizens with simple federal and state returns.



### SPRINGDALE SENIOR CITIZENS CLUB

Meet new people! The Springdale Senior Citizens group is open to residents who are at least 55 years of age. Stop by one of the Tuesday morning socials, held every Tuesday at 9:30 am at the Springdale Community Center. The group participates in Chair Exercises every Tuesday at Noon and also hosts several parties and trips each year.

### CHAIR VOLLEYBALL

*Mondays • 10:00-11:30 am*  
*Wednesdays • 12:00- 1:30 pm*  
Join this fun activity along with others 55 and older. Some of the differences are that players are seated in chairs, serve rotates, but players don't, a beach ball is used instead of a volleyball, and there are an unlimited number of hits to return the ball.

### BADMINTON

*Tuesdays • 10:30 a.m. - noon*  
All equipment is provided, just bring a positive attitude and willingness to learn!

### INVESTMENT CLUB

*Second Friday of each month • 9:30-11:30 am*  
Adult and senior members are invited to join this group and learn about investing and the stock market. For information, contact Marti Puthoff at 870-9776.

### PRIME TIME DINERS

get together once a month and dine at some of the area's great restaurants. The group meets at the restaurant at 6 pm. Call 346-3910 or stop by the Community Center front desk to register.

### DUPLICATE BRIDGE

*Mondays • 12:15-3:30 pm*  
Contact Lew Chizer at 812-637-1441.

### PARTY BRIDGE

*Tuesdays • 12:30-4:00 pm*  
Contact Barb Slaughter at 772-2302 for information.

### CANASTA

*Thursdays • 1:00 pm*

### EUCHRE

*Fridays • 1:00-3:00 pm*  
Contact Jo Ann Frech at 671-6663 for information.

### PINOCHLE

*Mondays • 1:00-4:00 pm*

### 500

*Thursdays • 9:30 am-12:00 pm*  
Contact Maria Schottelkotte at 942-2350 for information.

### CORN HOLE

*Wednesdays • 12:30-3:00 pm*  
Games are played in the auxiliary gym.

### WII GAME DAY

*1st and 3rd Friday of the month*  
Try your hand at this fun interactive video game! Bowling, golf, baseball, tennis, to name a few!

### LET'S GET FIT

*Monday & Wednesday • 10:30-11:30 am*  
The many benefits with this class include working major muscle groups to increase strength and flexibility for daily living, reducing the risk of falls, and reducing stress. The class follows a video "Resisting Muscle Loss" offered by the Hamilton County General Health District. This class is FREE.

### L.I.F.E CLASS

*Tuesday & Thursday • 11:00 am -12:00 pm*  
From getting out of a chair to lifting groceries, this FREE class will help you with everyday movements. We'll also include some balance exercises and stretching to make this a complete workout.



### LINE DANCING WITH THE HELTS

*Monday • 1:00-2:00 pm*  
For singles or couples, this class is a great way to exercise and have fun at the same time! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes. Contact Jerry or Kathy at 321-6776 for information.

### RED HAT SOCIETY

*1st Friday of each month*  
The group travels to tea rooms in the area to enjoy delightful food and conversation. If you are interested in joining the group, call the Community Center.



## ADULT FITNESS & ENRICHMENT PROGRAMS

### BOOT CAMP

*Monday • 5:30-6:15 pm* **FREE**  
Join Drill Sergeant Jay for a day's worth of training including sprints, lunges, weight training and aerobic activity. Start at any exercise level and train to the next level all while eliminating fat and creating muscle! This is a FREE class.

### CARDIO KICKBOXING

*Tuesday, Thursday & Sunday • 5:45-6:45 pm*  
*Saturday • 11:00 am - 12:00 noon*  
A great workout that burns serious calories. You've never sweated this much or burned this many calories. Call instructor Elaine McKay at 825-7443 for information.

### GUITAR & BASS LESSONS

*Tuesday & Thursday • 6:30-7:30 pm*  
Any level. The session meets for eight weeks for \$96. Class size is limited to 12 students. Call instructor Ed Riley at 671-1760 with questions. Students must provide guitar, small amplifier, and headphones.



### JAZZERCISE

*Tuesday, Thursday & Saturday • 9:30-10:30 am*  
*Monday, Wednesday & Friday • 5:45-6:45 pm*  
A sweat inducing, calorie burning aerobic work-

out. Call Elaine Smith at 575-1620 if you have questions.

### R&B LINE DANCING

*Wednesday • 6:50-7:50 pm*  
*Friday • 12:45-2:00 pm*  
This ain't your grandma's dance class! A fun and exciting dance class for adults. Learn the Michael Jackson, the Funki Salsa, and more. This class will get you movin' and groovin'. Contact Annette for information at 742-4469.



### SLIMNASTICS

**FREE**  
*Monday, Wednesday & Friday • 9:15-10:15 am*  
Join instructor Sue Smith for this energetic aerobics class for women. Best of all, it's FREE! Bring a towel and small hand weights, if you would like.

### ZUMBA

*Tuesday & Thursday from 6:50-7:50 pm*  
Ditch the workout, join the party! Set to Latin and other international music, this workout combines dance and aerobic moves. Through interval training of fast and slow rhythms, Zumba will sculpt and tone your body. For information, contact Debbie at 205-5064.



# City of Springdale

11700 Springfield Pike  
Springdale, Ohio 45246

### Mayor

Doyle H. Webster

Office .....346-5705  
Home .....671-4489

### At-Large Council Members

Edward Knox .....674-7755  
James Squires .....671-6297  
Bob Diehl .....851-6560

### Districts Council Members

1 Lawrence Hawkins III .....742-4295  
2 Holly McQuillan-Emerson ....742-2418  
3 Marjorie Harlow.....671-6916  
4 Tom Vanover .....671-7034

### Clerk of Council/Finance Director

Kathy McNear .....671-2510

### City Administrator

Derrick Parham .....346-5700

### Assistant City Administrator

Jerry Thamann .....346-5700

email .....admin@springdale.org



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## NEWS IN BRIEF

### Springdale honored for promotion of healthy programs

The City of Springdale has earned an award from the Ohio Department of Health for outstanding achievements in implementing health-related policies and providing healthy community environments. The award recognizes the community's efforts in encouraging and enabling employees, residents and visitors to make healthy choices, including participating in physical activity, eating good nutritious foods, and avoiding tobacco. Only nine communities in Ohio received the honor.



### Ohio establishes hotline to report abuse of exotic animals

In the shadow of events in eastern Ohio surrounding exotic animals, the state

Department of Natural Resources has launched a new toll-free hotline (855-DWA-OHIO) and website ([dangerouswildanimals.ohio.gov](http://dangerouswildanimals.ohio.gov)) for reporting suspected abuse or neglect of exotic, dangerous animals. Springdale adopted its own local regulation in 1996 (Regulation 90.155 Keeping and Maintaining Wild or Potentially Dangerous Animals), which makes it unlawful to harbor/keep a wild or potentially dangerous animal within the City of Springdale.

### Mammogram Van returns to Springdale in the spring

The Jewish Hospital Mobile Mammography Van will visit the Springdale Community Center on Tuesday, March 6, from 8:30 a.m. to noon. To arrange for an appointment, call 686-3300. A minimum of 15 participants is needed. Insurance will be directly billed (Mammography is usually covered, but to be safe, check that

Jewish Hospital is a panel provider with your insurance provider). Financial assistance may be available by calling 686-3306.

### Holiday tree disposal set December 29 to January 8

City crews will collect holiday trees left at the curb between December 29 and January 8. Trees will be picked up during the City's regular weekly chipper schedule. Please do not place your tree in a plastic bag unless it is intended for trash pickup. Note that trash/recyclable pickup during the holidays will follow the normal schedule.

### Flu shots still available at Health Department

Flu shots are still available at the Springdale Health Department on the first and third Wednesday mornings, or by appointment by calling 346-5725. Children are free; adults are \$10.