

# CITY OF SPRINGDALE NEWSLETTER

PUBLISHED FOR THE RESIDENTS OF SPRINGDALE, OHIO

## Annual Street Improvement program expands

During 2012, residents saw the return of the City's Annual Street Improvement Program after several years of reduced activity. Tight fiscal restraints of the past few years had capped the annual program at \$100,000 to fund critical needs. A year ago, the City was able to budget \$400,000 and realize approximately \$370,000 of street improvements. For 2013, the budget for the Annual Street Improvement Program has been increased to \$700,000 to allow for more improvements.

The primary purpose of the program focuses on improving the neighborhood streets throughout the City. City staff determines which streets require the most attention and then recommends a

strategic plan to address those needs. Last year it was determined that the streets in the Oxford Hills Subdivision were in most need of repair. As a result, several streets in the subdivision were included in the 2012 Program and received full curb replacements, reconstruction of catch basins and additional ADA compliant handicap ramps at affected intersections.

During the period of reduced activity, the City received complaints throughout the community concerning the repair of sidewalks. As a result, sidewalk repairs were also included in the 2012 program.

Prioritizing which neighborhood streets are in need of repair is always an extremely challenging process. The City clearly recognizes there are needs in all neighborhoods, however, current resources do not permit all of them to be addressed at this time. For some neighborhoods, it will be a slower process than others. The City is committed to making the necessary repairs to all neighborhoods as resources are available.

This year's program will once again include full replacement of curbs, the reconstruction of catch basins, the addition of ADA compliant handicap ramps at affected intersections, and city-wide sidewalk repairs. Furthermore, due to the design of the curbs, gutters and pavement on some of the identified streets, as well as the increased funding, several streets will also receive new pavement.

The streets being considered for the 2013 Annual Street Improvement Program include Cantrell Drive, Chardon Lane, Coxbury Circle, Greencastle Drive and Hillgrove Court, all located in the Oxford Hills Subdivision. In addition, three of the courts (Fairsprings Court, Knollsprings Court and Glenfalls Court) off of Glensprings Drive in the Springdale Knolls Subdivision are also being considered.

Similar to last year, and in future years, some residents or property owners may be required to repair or replace their deteriorated driveway and/or drive apron. These required repairs will be at the owner's expense. If repairs are needed, a notice will be sent to the affected property owner.

The construction schedule has yet to be finalized; however, the program is being targeted to begin in late summer. Once the schedule is finalized, affected property owners will receive a letter providing more details about the project and other pertinent information.



## That's Teamwork!

Spring will be an especially beautiful time at the Springdale Elementary Butterfly Garden, thanks to members of GE Aviation. During the fall, volunteers helped the Springdale Garden Club by removing old shrubbery, cutting back existing plants and planting new shrubs to attract even more butterflies this year.

Springdale's Public Works Department supplied tools, mulch and technical advice, while GE Aviation and Garden Club members provided the muscle and time. Volunteers finished their day by transporting the clippings to the City's compost pile. Thanks to the many volunteers, the work was completed in a few hours!

***Qualified owners could receive up to \$1,000***

# Program returns to help with improvements

The City will once again offer its Home Improvement and Repair Program in 2013. Community Development Block Grant Funds received from the US Department of Housing And Urban

Development (HUD) make the program possible. Over the past four years, the cumulative total of \$90,000 made available to the City by HUD has resulted in home improvements and repairs totaling \$181,085.

In order to qualify, applicants must meet certain income guidelines. For instance, the maximum eligible income in 2013 for a household of four is \$54,950. Applications for the program will not be accepted until June 3. For more information on the program, visit [www.springdale.org](http://www.springdale.org) and click on the "Building Department" link or call the Building Department at 513-346-5730.

## Start your summer project with a permit

Regardless which improvement project you plan, every job should begin with a trip to obtain a permit. Permits ensure that improvements meet zoning and building codes, and are safe, functional and protect the welfare of the resident and the community.

Permits are required for a variety of improvements:

- Basement Finishes
- Building Additions
- Central Air Conditioning
- Covered Porches
- Patio Enclosures
- Decks
- Detached Garages
- Driveway Aprons
- Fences
- Fireplaces and Woodstoves
- Furnaces
- Gas Piping Installations
- Interior Remodeling
- Re-roofing
- Structural Repairs
- Swimming Pools  
(including inflatable ring type pools)
- Hot Tubs and Spas
- Utility Buildings and Sheds
- Accessory Structures
- Water Heater Replacement

When in doubt, it's best to check with the Building Department at 346-5730 before investing in materials or starting work.

**PROPERTY MAINTENANCE  
AND ZONING HOTLINE  
346-5734**

The program is designed to help households below a certain income level make necessary improvements and/or repairs to their homes. Homeowners who reside on their property can be reimbursed up to \$1,000 for costs associated with eligible exterior repairs. However, not all exterior improvements and repairs are eligible. Sample improvements and repairs not permitted include pools, spas, landscaping, play equipment, or new detached accessory structures. The program has proven to be a winning opportunity for the homeowner, their neighborhood, and the City as a whole. When homeowners improve and maintain their property, it not only increases their property values, it enhances the values of the entire community.

## SOS gives HELP to HUD grant recipients

The Springdale Offering Support (SOS) board will once again provide grants of up to \$500 to assist residents who participate in the Springdale Home Improvement and Repair Program. If you are interested in applying or for additional information, contact the Springdale Health Department at 346-5725.

## City tax returns due April 15

Springdale's 2012 tax returns are due to the tax office (or postmarked) by April 15, 2013. Items required to be submitted with the City tax return include W-2 form(s), page 1 of Federal form 1040, any applicable Federal schedules, form 1099 MISC, and any other supporting documentation to assist with the tax return.

### Who must file a City return?

All residents 19 years and older are required to file a tax return, whether or not tax is due. Retired residents will need to file a zero taxable income return. Once filed, the account can be established in a retired status and subsequent Springdale tax filings will not be applicable (assuming the resident has no further taxable income). In addition, all businesses located in Springdale and businesses which earn income as a result of work performed in Springdale are also required to file a tax return, whether or not tax is due.

### Tax Department Hours

The Tax Department's regular hours are Monday through Friday from 8 a.m. to 5 p.m. The Tax department will have extended hours until 7 p.m. on April 9, 10, and 11 and will also be open on Saturday, April 13, from 9 a.m. to 1 p.m.

### Extension Requests

Extension requests must be received in writing by the filing due date. If the account is current, an extension will be granted until November 30, 2013 (or six months after a fiscal year end for business).

### Questions

Questions can be directed to the tax office at 346-5715 or, in person, at the tax office located in the Springdale Municipal Building. Residents waiting until April 15 to file could experience a long line.

# *Program offers incentives to City* **Recycling: It makes good cents!**

Each person in Hamilton County sends approximately 690 pounds of garbage to the landfill annually. That sobering fact should underscore the need to "Reduce, Reuse and Recycle" even more.



Reducing waste is best handled by preventing its creation in the first place. For example, using durable canvas bags at the grocery store avoids the need to dispose of conventional paper or plastic bags. When reducing is not an option, the next best thing is to reuse the item. This could be as simple as bringing that paper or plastic bag back to the store for use a second or third time.

When it comes to recycling, the City of Springdale has made it easy for its residents with two convenient methods. First, each household can request up to two, 18 gallon recycling containers at no cost or a larger container is available for rent or purchase from the City's recycling contractor, Rumpke of Ohio, Inc. With either of these container options, the recycling material is picked up curbside at the residence on the normal day for trash collection.

A second convenient method of recycling is using the City's recycling drop-off center located at the City's Public Works facility, 335 Northland Blvd. The drop-off center is available to Springdale residents 24 hours a day, seven days a week.

The following items can be recycled no matter which method you choose: all plastic bottles & jugs (lids are OK if left on empty bottle), glass bottles & jars, aluminum cans, steel cans, empty aerosol cans (please remove tips), newspapers, magazines, phone books, brown paper grocery bags, junk mail, office paper, cardboard (please flatten to conserve space), paperboard (i.e., cereal boxes), envelopes and clean pizza boxes (please remove food).

The City of Springdale directly benefits from the recycling efforts of its residents through the Hamilton County Residential Recycling Incentive Program. Under this program, every pound of material recycled in

Springdale provides the City with incentive funding. These funds are used to offset the costs of the City's overall recycling program. In 2012, the City of Springdale recycled 417 tons of material and received an incentive of \$8,513 from Hamilton County. For

comparison, in 2010 and 2011, Springdale recycled 474 and 484 tons of recycled material. As a result, in 2010 the City received \$11,245.40 and in 2011, received \$9,572.16.

Reducing, Reusing and Recycling more not only benefits the environment, but it also provides financial incentives for the City.

## **Yard trimmings drop-offs open**

The Hamilton County Recycling and Solid Waste District accepts yard trimmings from residents on Saturdays and Sundays. Three yard trimming sites will be open on weekends from March 23 to November 24. Hours of operation are 11:30 a.m. to 5:00 p.m. The service is offered free of charge.

The drop-offs closest to Springdale are Rumpke Sanitary Landfill at 3800

Struble Road in Colerain Township and Kuliga Park at 6717 Bridgetown Road in Green Township. Bzak Landscaping at 3295 Turpin Lane (off State Route 32) in Anderson Township also accepts yard trimmings Monday through Friday from 7:30 a.m. to 5:00 p.m. (closed May 27, July 4 and September 2).

Visit [www.HamiltonCountyRecycles.org](http://www.HamiltonCountyRecycles.org) or call 946-7766 for guidelines.



## **Garden Club hosts annual Tea Party**

The Springdale Garden Club hosted its annual Garden Tea Party on March 17, attracting members, their guests and colleagues from area Garden Clubs. Proceeds from the event fund the Club's many beautification projects.

Club members design and plant the Community Center's front flower beds, purchase Arbor Day Trees, make holiday decorations and take part in Springdale Elementary school gardening projects.

Future activities include a planned Secret

Garden tour in Waynesville and a family outing and picnic at the Hamilton County's Highfields' Children's garden in July. The Springdale Garden Club meets at 6 p.m. on the 2nd Monday of each month at the Community Center. Guests are always welcome. For more information contact Carolyn Ghantous at 328-4046 ([cgantous@comey.com](mailto:cgantous@comey.com)) or Joan Knox at 674-7755 ([joanknox99@fuse.net](mailto:joanknox99@fuse.net)).

Pictured above are Connie Schultes with her daughter, daughter-in-law and two grandchildren at last year's tea.

# Warning: Spring brings out the cons

They are all too slick and know their game well. The warm weather will yield a crop of fly-by-night scammers who offer great deals to fix your roof, paint your house, seal your driveway or repair your broken concrete steps. Often, they get as much money from you as they can while leaving you with a very poor or unfinished job. Their favorite targets are senior citizens.

## Here's how it works:

The con artist knocks on your door and offers to seal your driveway. He explains that he and his partner have just finished a job in your neighborhood and have some materials left over. He noticed that your driveway looked like it needed to be sealed and, since they are in the neighborhood anyway, he and his partner are willing to seal yours. The price will sound very reasonable, but it's cash only before they start the job. They often spread some old oil on your driveway... and it looks great until the first rain washes it away. By then, they are long gone.

While scams can take many forms there are several principles common to all of them. Before making a deal, consider these points:

- Take your time deciding about any offer. Do not let anyone rush you into signing anything. Read any written contract completely before you sign it.
- Do not rely on an oral agreement. You will not be able to prove what was agreed upon if there is a dispute later on.
- Do not pay the full amount up front and be careful of hidden charges. Make sure there is a mutual agreement of what is to be done and what the total and final cost will be BEFORE the work begins.
- Ask for references. If told a job was just done in your neighborhood, then ask where it was done.
- Ask for assurances and proof that the person doing the job is licensed, bonded and insured. A permit is required for some jobs. Ask if there is a warranty on the work and labor.
- Inspect the materials that are going to be used.
- Do not allow into your home anyone that you do not know or did not ask to be there. If the person is from a utility company, ask for ID. All legitimate utility workers carry company ID. If not satisfied, then call the utility for verification.

The bottom line is simple: If something sounds too good to be true, then it probably is. Beware.

## Summer safety checklist:

As spring and summer quickly approach, it's time to start thinking about some safety tips for warm weather events.

- If you didn't change your smoke alarm batteries when you changed your clocks, now would be a great time to do so. If you need help, feel free to contact the Springdale Fire Department at 346-5580.
- Be careful when you fire up those grills. This is a good time to give it a good cleaning and make sure everything is working properly. Before firing it up, make sure your grill is clear of any flammable or combustible materials. Decks, awnings and overhangs are a major contributor to fires caused by grills.
- Remember that grease fires on a grill are treated the same way as on your stove. Cover the grill with the lid in an attempt to smother the fire. NEVER POUR WATER ON IT!
- Keep your swimming pool areas secured to prevent small children from falling in the water. Never leave children unattended in the pool area.
- Parents are encouraged to enroll their children, ages 4½ to 7, into Safety Town. Safety Town is held each summer at the Tri-County Mall. Children learn useful safety skills such as bike safety, bus safety, stranger danger, fire safety, and getting out of a smoke filled room safely. The week ends with a graduation ceremony.

## Join Us!

### Regularly Scheduled Monthly Meetings

Held at the Springdale Municipal Building, 11700 Springfield Pike:

#### City Council

1st & 3rd Wednesdays of each month at 7 p.m.

#### Planning Commission

2nd Tuesday of each month at 7 p.m.

#### Board of Health

2nd Thursday of each month at 7 p.m. (except June, July & August)

#### Board of Zoning Appeals

3rd Tuesday of each month at 7 p.m.

Held at the Community Center:

#### Recreation Commission

1st Tuesday of each month at 7 p.m. (except June, July & August)

For more information about meetings and events, please call the Municipal Building at 346-5700.



## Good Citizen award given to youth for keen observation

When not playing in the school band or working with his church group, Timothy Burdine delivers the Community Press. Because he noticed one of his elderly customers had not gotten his mail or picked up his papers, it prompted his parents to call the Springdale Police Department. Sadly, the elderly man had died, but it was Timothy's keen observation that initiated the police check. At right, Mayor Doyle Webster presents Timothy with the Good Citizen Award. Also pictured is Council President Marjorie Harlow, who nominated Timothy for the award.

# Crews to resume watercourse checks

Inspections of storm sewers, creeks and other watercourses will soon resume under a federally mandated inspection program required by the National Pollutant Discharge Elimination System. The inspections will survey these drainage channels for abnormal discharges during dry periods.

The City has contracted with Evans, Mechwart, Hambleton and Tilton (EMH&T) to perform the inspections. The inspections may require access to rear yards and private properties which contain watercourses and outlet structures along streams or drainage areas. Inspections are limited to dry weather periods and include an evaluation of the general condition of the outfall structures as well as a visual inspection of the watercourse.

Last year's program began on the east side of the City (in and around Heritage Hill Subdivision). The targeted area for the 2013 project is west of

Princeton Pike and north of Kemper Road. This year's work is scheduled to begin in the summer and be completed by the end of the year.

Information gathered as a part of these

inspections will be used in the coming years to further investigate watercourses which contain possible non-stormwater related activity.

Contact the City of Springdale Public Works Department at 513-346-5520 for additional information.

## Health Department services available

**Immunization Clinics:** Immunization clinics for uninsured and underinsured children are available free of charge monthly at the Springdale Health Department on the first and third Wednesday mornings. For an appointment, call 346-5725.

**Cholesterol/Glucose Screenings:** Cholesterol/Glucose screenings are available from the Springdale Health Department on the third Thursday of each month. The cost is \$15. For an appointment, call 346-5725.

**Blood Pressure Checks:** Free blood pressure checks are provided at the

Springdale Community Center on the third Tuesday of each month from 10:30 a.m. to 12:30 p.m.

**Home Visits:** A Public Health Nurse is available for home visits by calling 346-5725.

**Diabetes Workshops:** Workshops are available for persons with Type 2 diabetes. For information and to register for upcoming sessions, call 346-5725.

## Get ready for allergy season

Spring is just around the corner... and so is allergy season, complete with runny noses, watery eyes and sneezing. Tree, grass and ragweed pollen, along with mold spores, can cause discomfort. To ease the discomfort caused by pollen and mold try to:

- Minimize outdoor activity between 5 a.m. and 10 a.m. (when pollen levels are highest).
- Close windows and use an air conditioner.

- Avoid areas with freshly cut grass.
- Avoid activities such as raking leaves, mowing the lawn and working with compost when feeling reactive.
- Contact an allergist or doctor for medical advice.

The Southwest Ohio Air Quality Agency monitors pollen and mold levels from February through November. Call the Pollen and Mold Hotline at 946-7753 or visit the agency's website at [www.SouthwestOhioAir.org](http://www.SouthwestOhioAir.org) to track pollen and mold levels. High counts will also be posted on their Facebook and Twitter pages. Call 946-7747 to request a Living with Allergies brochure.

### Firehouse Subs responds to Fire Department equipment request

The Springdale Fire Department recently submitted a grant request to Firehouse Subs, which has a franchise location in the City. The chain offers such grants to local fire departments as a service through the company's foundation. Thanks to a generous contribution, Firehouse Subs has provided funds to purchase \$22,058 worth of equipment, including ten sets of pants and turnout coats, eight CPR mannequins, four AED trainers and needed camera equipment. At left, local Firehouse Subs owner Dan Torrence presents a check for the gear to Mayor Doyle Webster.



## How can we help?

Police or Fire Emergency

**9•1•1**

Not an emergency? Then call  
346-5760 for Police  
346-5580 for Fire

General Information.....346-5700

Mayor Doyle Webster  
City Building ..... 346-5705  
Home ..... 671-4489

Clerk of Council/Finance Director  
Kathy McNear ..... 671-2510

City Administrator  
Derrick Parham ..... 346-5700

Assistant City Administrator  
Jerry Thamann ..... 346-5700

Building Department..... 346-5730

Finance Department ..... 346-5700

Police Department (non-emergency)..... 346-5760

Fire Department (non-emergency)..... 346-5580

Health Department ..... 346-5725

Public Works Department..... 346-5520

Property Maintenance  
& Zoning Hotline..... 346-5734

Recreation Department .....346-3910

Income Tax Department .....346-5715

Public Information  
Phone Line ..... 346-5757

Internet Address ..... [www.springdale.org](http://www.springdale.org)

e-mail address ..... [admin@springdale.org](mailto:admin@springdale.org)



# Creating Community Through People, Parks & Programs

# Parks & Recreation Programs

FOR PROGRAM INFORMATION, CALL THE SPRINGDALE COMMUNITY CENTER AT 346-3910, OR EMAIL [GOPLAY@SPRINGDALE.ORG](mailto:GOPLAY@SPRINGDALE.ORG).

[WWW.SPRINGDALE.ORG/GOPLAY](http://WWW.SPRINGDALE.ORG/GOPLAY)

## Community Center 2013 Memberships

ALL REGISTERED RESIDENTS ARE ELIGIBLE TO JOIN THE COMMUNITY CENTER.  
(PLEASE CALL 346-3910 FOR INFORMATION)

	INDIVIDUAL	FAMILY
<b>ACTIVITY MEMBERSHIP</b> <small>INCLUDES USE OF GYMNASIUM, GAME ROOM, TRACK, TENNIS COURTS, COMPUTER LAB AND ELIGIBILITY FOR YOUTH &amp; ADULT SPORTS PROGRAMS</small>	\$20	\$30
<b>FITNESS MEMBERSHIP</b> <small>INCLUDES ABOVE, PLUS USE OF FITNESS CENTER MUST BE 16+ TO USE FITNESS CENTER INDEPENDENTLY (13-15 WHEN WITH A PARENT UNLESS THEY'VE PASSED THE TEEN FIT CLASS)</small>	\$50	\$70
<b>POOL MEMBERSHIP</b> <small>INCLUDES ALL OF ABOVE, PLUS POOL</small>	\$75	\$95
<b>RACQUETBALL MEMBERSHIP</b> <small>REQUIRES ACTIVITY, FITNESS OR POOL MEMBERSHIP</small>	\$15	\$25
<b>SENIOR RESIDENT MEMBERSHIP</b> \$20 <small>RESIDENTS 62 AND OLDER CAN RECEIVE AN INDIVIDUAL POOL MEMBERSHIP</small>		
<b>SENIOR NON-RESIDENT ACTIVITY MEMBERSHIP</b> \$20 <small>NON-RESIDENT SENIORS 62 AND OLDER MAY JOIN THE COMMUNITY CENTER AND ENJOY THE SAME BENEFITS AS AN ACTIVITY MEMBERSHIP (DOES NOT INCLUDE FITNESS ROOM OR POOL)</small>		
<b>BUSINESS MEMBERSHIP</b> \$150 \$200 <small>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</small>		
<b>6-MONTH OPTION</b>	\$85	\$125
<b>Non-Resident Membership</b> \$300 \$400 <small>INCLUDES ALL FACILITIES. PARTICIPATION IN YOUTH OR ADULT SPORTS PROGRAMS ON AVAILABILITY BASIS ONLY. LEAGUE REGULATIONS MAY APPLY.</small>		
<b>6-MONTH OPTION</b>	\$160	\$225

## FREE MEMBERSHIPS TO ACTIVE DUTY MILITARY

A COMPLIMENTARY ANNUAL COMMUNITY CENTER MEMBERSHIP IS PROVIDED TO ANY SPRINGDALE RESIDENT (AND THEIR SPOUSE AND DEPENDENT CHILDREN) SERVING FULL-TIME ACTIVE DUTY IN THE MILITARY. MEMBERSHIP WILL BE GRANTED ON AN ANNUAL BASIS WITH VERIFICATION OF "ACTIVE DUTY ORDERS" AND PROOF OF RESIDENCY



### REGULAR HOURS

<b>MONDAY - FRIDAY</b> .....	9 AM - 9 PM
<small>FITNESS CENTER &amp; INDOOR TRACK OPEN AT 6 AM</small>	
<b>SATURDAY</b> .....	9 AM - 5 PM
<b>SUNDAY</b> .....	1 - 9 PM

### HOLIDAY HOURS

<b>EASTER</b> .....	CLOSED
<small>SUNDAY, MARCH 31</small>	
<b>MEMORIAL DAY</b> .....	CLOSED
<small>MONDAY, MAY 27</small>	
<b>INDEPENDENCE DAY</b> .....	CLOSED
<small>THURSDAY, JULY 4</small>	

## SPECIAL EVENTS & SEASONAL PROGRAMS

### SYB Opening Day Parade Saturday, April 13

As in the past, the parade will leave the Value City parking lot at 9 a.m., turn right on Kemper, right onto Lawnview to the Community Center. There will be a ceremony immediately following in the amphitheater.

### Healthy Ohio Challenges YOU to "Walk the Talk!" Ohio's One-Mile Fitness Walk

**Wednesday, May 15 • 11 am - 1 pm**  
Healthy Ohio is sponsoring the sixth annual Healthy Ohio Fitness Walk. Help us reach our goal of over one hundred thousand Ohioans walking one mile — over one hundred thousand miles — by participating Wednesday, May 15, from 11 am - 1 pm at the Community Center. Let's do our part as a community and participate in a 20-minute, one-mile walk, to help reach this goal! Each participant will receive refreshments.

### Women's USSSA Qualifier Softball Tournament July 20-21

Thirty-six of the finest women's slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships.

## Youth Fall Soccer Sign-Ups

**Fall sports sign-ups begin May 1**  
*All participants must possess a current membership at the time of sports sign-ups.*

### Instructional Soccer

Introduce your child to soccer in this league! Instructional soccer teams play in a positive, relaxed setting. Children ages 4 - 6 by July 31, 2013, are eligible to participate. Registration is \$20 through May 31. Beginning June 1, registration is \$35.

### SAY Soccer

Springdale Parks & Recreation is a part of the Soccer Association for Youth, a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old by July 31, 2013, to participate on a soccer team. Registration is \$40 through May 31. Beginning June 1, registration is \$55.

## Springdale's Gone Wild

Thursday • 7:00 pm

March 28, July 25, October 24

Springdale's Gone Wild Series returns with some exciting programs for 2013. Scheduled topics are Live Animals, Attracting Birds, Reptiles & Amphibians, and Star/Night Sky. Bring the whole family or come alone to a fun visit with the Naturalist of Hamilton County Parks.

# ADULT HEALTH & FITNESS

## Bootcamp

Monday • 5:30 - 6:15 pm

Join Drill Sergeant Jay for a day's worth of FREE training including squats, lunges, pushups and core work. Start at any exercise level and train to the next level all while eliminating fat and creating muscle! Bring a towel or mat and water bottle.

FREE

## Butts 'n Guts

Tuesday • 5:30 - 6:00 pm

Join Elaine for this high energy, tightening and toning FREE workout. We'll focus on toning your core (*abs, obliques, and lower back*) and working out your glutes and thighs. All exercises have varying levels and modifications so that everyone will have a challenging and effective workout. If you don't pay attention to your butt 'n gut, nobody will! Bring a mat or towel and water bottle.

FREE

## Cardio Kickboxing

Tuesday & Thursday • 5:55 - 6:55 pm

Saturday • 11:00 am - 12:00 pm

A great workout that burns some serious calories. You've never sweated this much or burned this many calories. Call instructor Elaine at 446-1839 for information.

## Jazzercise

Monday & Wednesday • 5:55 - 6:55 pm

Tuesday, Thursday & Saturday • 9:30 - 10:30 am

A sweat inducing, calorie burning aerobic workout. Call instructor Elaine at 575-1620 if you have questions.

## Pilates Plus

Monday • 7:05 - 8:05 pm

A unique class of stretching and strengthening exercises. Improves posture, provides flexibility and balance. Enhances athletic performance, effective post-rehabilitation, increased self-confidence and creates a more streamline shape. A great workout for all ages and fitness levels. Contact Nalisa for information at 937-361-9007.



## Slimnastics

Monday, Wednesday & Friday • 9:15 - 10:15 am

Join instructor Sue for this energetic aerobics class for women. Best of all, it's FREE! Bring a towel and small hand weights if you would like.

FREE

## Step N2

Tuesday & Thursday • 5:00 - 5:45 pm

Let's take steps towards healthier living. All fitness levels are welcome. Our goal is to get you moving to help increase your heart rate and burn calories. Bring a towel, good shoes, water and you will Step N2 a new you. Call Teresa at 505-1709 for more information.

## Zumba

Tuesday & Thursday • 7:05 - 8:05 pm

Ditch the workout, join the party! Set to Latin and other international music, this workout combines dance and aerobic moves.

Through interval training of fast and slow rhythms, Zumba will sculpt and tone your body. For information, contact Deb at 205-5064.

# EDUCATIONAL PROGRAMS

## Guitar Lessons

### Adult Classes:

Tuesdays & Thursdays • 6:30 - 7:30 pm

### Youth Class (10-18 years old):

Tuesdays • 4:00 - 5:00 pm

Want to learn a new skill or find an old one? Join us for electric guitar and bass guitar lessons! Students must provide their own guitar, small amplifier and headphones. Cost is only \$96 for

the session and is required when registering. Class size is limited to a maximum of 12 students. Call instructor Ed Riley at 671-1760 with questions.

## Investment Club

2nd Friday of each month • 9:30 - 11:30 am

Join this group and learn about investing and the stock market.



Looking for something for your 5th-8th grader? Look to Club Rec for your answer! It's a great way to socialize with your friends, participate in fun activities and help out in the community. They sponsor community projects and programs, and organize fun activities and outings.

Club Rec is open to all Springdale Community Center members in 5th – 8th grades. The cost is \$10 which includes an official Club Rec t-shirt.

# HOT Summer Jobs: soo cool!

## Parks Maintenance Workers

Seasonal staff is needed to cut grass, trim and help maintain the facilities. You must be 16 years old or older to apply for these positions. Apply at the Community Center. For information, call 346-3910.

## Aquatic Director

Must have experience in all aspects of pool management and thorough knowledge of pool chemistry, filtration and daily maintenance. Certification in Lifeguarding, CPR and First Aid. Water Safety Instructor, CPO or AFO certifications desirable. Apply at the Community Center. For information, call 346-3910.

## Assistant Aquatic Director

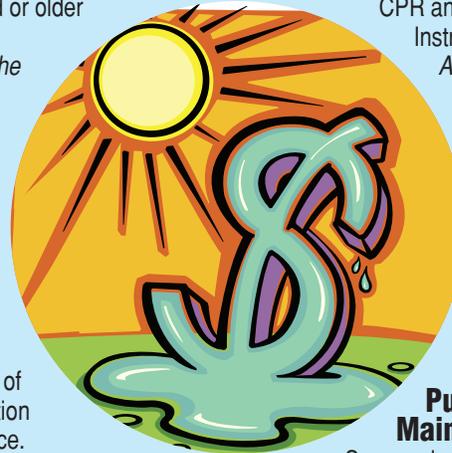
Experienced in lifeguarding and basic pool operations. Certification in Lifeguarding and CPR and First Aid. Water Safety Instructor certification desirable. Apply at the Community Center. For information, call 346-3910.

## Lifeguards

Minimum requirement is Red Cross Lifeguard certification. Apply at the Community Center. For information, call 346-3910.

## Public Works Maintenance Workers

Seasonal staff is needed to cut grass, trim and help maintain the facilities. You must be 16 years old or older to apply for these positions. Apply at the Municipal Building. For information, call 346-5700.



## ADULT/SENIOR PROGRAMS

### Chair Volleyball

**Mondays • 10:00 - 11:30 am**  
**Wednesdays • Noon - 1:30 pm**

Everyone is welcome to join us for this fun activity! There are a wide variety of benefits for participants, including improved cardiovascular fitness, increased flexibility, and the opportunity to meet new friends! Players' ages range from the 50s to 90s and all activity levels can participate.



### Let's Get Fit

**FREE**

**Monday & Wednesday • 10:30 - 11:30 am**

The many benefits with this class include working major muscle groups to increase strength and flexibility for daily living, reducing the risk of falls, and reducing stress. The class follows a video "Resisting Muscle Loss" offered by the Hamilton County General Health District. This class is FREE.

### L.I.F.E.

**FREE**

**Tuesday & Thursday • 11:00 am - Noon**

From getting out of a chair to lifting groceries, this FREE class will help you with everyday movements. We'll also include some balance exercises and stretching to make this a complete workout.



### Line Dancing With the Helts

**Monday • 1:00 - 2:00 pm**

For singles or couples, this class is a great way to exercise and have fun at the same time! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes. Contact Jerry or Kathy at 321-6776 for information.

## Springdale Senior Citizens Club

**Tuesday • 9:30 - Noon**

Meet new people at this weekly event open to residents who are at least 55 years of age. The socials are held at the Springdale Community Center. Business meetings follow on the 2nd and 4th Tuesday from 12 to 1 p.m. Guests and new members are welcome. Contact Bob Wetterer at 253-1239 or Joan Knox at 674-7755.



Do you want to retire in 10, 15 or 20 years? Do you have a retirement plan? Whether you're in your 40s and just starting to think about retirement or already retired, there are many things to consider. Springdale Parks and Recreation has partnered with New York Life to help you navigate some of the common questions about retirement planning.

Retirement Ready is a series of workshops that will provide information on building and growing your retirement nest egg. Attend one or all of the workshops and learn how you can be retirement ready!

These workshops will be offered free of charge to retired and adult SCC members. A light snack and drinks will be provided.

### Long Term Care-What's Your Plan:

**Tuesday • May 14 • 2:00 pm or 7:00 pm**

*Registration Deadline: May 10*

What are the issues relating to Long-Term Care that can affect you, your spouse, your family and your savings?

### Getting your Estate Planning in Order:

**Tuesday • September 10 • 2:00 pm or 7:00 pm**

*Registration Deadline: September 6*

You've spent a lifetime building assets: how do you protect and preserve them for the future of your family?

### Special Needs/Caring for Loved Ones in Unique Circumstances:

**Tuesday • November 12 • 2:00 pm or 7:00 pm**

*Registration Deadline - November 8*

What are the steps to take that ensure your special needs family member will be cared for as you wish?

# Springdale POOL NEWS

## Family Fun Day Sunday, June 23

Don't miss the Family Fun Day on Sunday, June 23. We'll be offering popular activities throughout the day including, Duck Races, Balloon Launch, Master Splash, Deck Art and a few others! Watch for more information about this seasonal favorite at the Community Center.



## Goldfish Swim

**August 10 • 12:00 pm**

There's a new date for the annual Goldfish swim. Same fun, same amount of fish, and same old fish stories! Spring and Dale (they're the big 4 inch fish) just can't wait until Labor Day weekend so they are swimming in early along with 1,000 of their fish friends! Remember kids 12 and under must catch the fish with their bare hands, no nets, no buckets or help from Mom and Dad. Be sure to bring a plastic container to take your new pet home. This event is FREE to pool members. Regular guest fees apply.



## Aqua Zumba

**Thursdays • 6:30 - 7:30 pm**

**Saturdays • 11:00 am - Noon**

**Session 1: June 6, 8, 13, 15, 20**

**Session 2: June 22, 27, 29, July 6 (No Class July 4), July 11.**

*Instructor: Patricia Cox*

Don't sweat over your fitness program this summer! Dive in to this high energy, no impact workout and experience a party in the pool! Our popular Aqua Zumba guru Patricia Cox will lead you through a fun and refreshing workout for all ages and fitness levels. For more information, contact Pat at 385-6111. Fee: \$25 / 5 classes residents (\$30 / 5 classes non-residents). Walk-Ins: \$7/residents (\$8/non-residents)

## Lifejackets float. Non swimmers don't!

Our lifeguards receive hours of training in water safety and rescue and do an excellent job of keeping the pool a safe environment. Safety is the number one priority of every lifeguard but keep in mind they watch many people at one time and cannot watch any one child all the time. Parents should observe their children closely while they are in the water. Do not take your eyes off your child while he or she is in the water. Do not depend on them yelling for help if they get in to trouble. Sadly, drowning is often a silent death and too many children are found motionless on the bottom of a pool even with lifeguards and supervising parents present.

Help us keep everyone safe this summer. If a child, particularly less than eight years of age, is a non-swimmer, please ask to use a lifejacket. Jackets are available in the pool office and the staff is happy to accommodate anyone that asks.

**Remember, lifejackets float. Non swimmers don't!**

## POOL OPENS MAY 25

### Pre-Season Pool Hours:

May 25 . . . . . 12 - 5 pm

May 26 . . . . . 1 - 6 pm

May 27 . . . . . 1 - 6 pm

June 1 . . . . . 12 - 5 pm

June 2 . . . . . 1 - 6 pm

### Regular season hours:

*Beginning Monday, June 3*

**12:15 - 8:00 pm**

The pool will close at 5 p.m. on Tuesdays for swim meets and 6 p.m. on Thursdays for Adult Night.

The pool will also close for a few special events during the summer, watch for more information or call 346-3910.

### Last Day of Swim Season Sunday, August 11

### Daily Pool Pass Rates

Activity or Fitness members and guests of pool members may purchase a daily pool pass for \$3.00. Children under 2 are free. The fee applies to anyone entering the pool gate and there are no refunds. Guests must remain with the member at all times.

### Family Guest Pass

Is your family planning to visit this summer? Take advantage of our cost savings family guest pass and plan a day at the pool. SCC members may bring a family (maximum of four) for \$10 per day.

## Know Before You Go!

The pool is a fun place, but there are a few rules to follow. Please make sure everyone in your family knows and follows all the pool rules. A small sampling of the rules is:

- Bathing suits are required.
- Children 8 and under must be accompanied by a person 16 or older or have passed Level 4 swim lessons.
- Do not swim if you have had diarrhea in the past two weeks.
- Children not toilet trained must wear "swim diapers" and tight fitting swimsuits.
- Lifeguards must be obeyed.
- Excessive horseplay is prohibited.
- Swimmers must be 4 feet tall to ride the slide.

Be sure to check our web site [www.springdale.org/goplay/](http://www.springdale.org/goplay/) for a complete listing of the pool rules.

# We are the Sailfish!

**No Timeouts.  
No Substitutions.  
Everybody Swims!**



Are you looking for something this summer that will provide your kids with structure, exercise, and opportunities to make new friends? Do your kids love being in the water? Why not give the swim team a try? Our Coaches are committed to developing each swimmer by providing a positive learning environment while emphasizing safety and respect for the water. Your child will build self-confidence and experience life long memories of summers at the pool. Springdale residents may register beginning May 1st and non-residents may register after May 31st. If you would like more information, please contact the Parent Board President, Sharon Brooks at 671-1883.



order and pre-pay for a team suit will receive a 25% discount on their suit and a free Sailfish swim cap! Samples of suit sizes will be available. Light refreshments will be served. Help kick off another record-breaking Sailfish season!

## Pre-Season Practice

**May 28, 29 & 30 • 6:30 - 7:30 pm • Auxiliary Gym**

Join Coaches Amanda and Emily for some fun and pre-season practice. A variety of games and activities are sure to make the Sailfish soar!

## Meet the Coaches!

**Wednesday, May 22 • 6:30 pm**

Prospective and current swimmers and their families are invited to attend this informative session with the coaches and Parent Board members. Topics will include fees, practice times, meet schedules, and swimmer incentives. Swimmers at the meeting who

## Sailfish Snack Shack

The Sailfish swim team operates the pool concession stand to help defray the costs of operating the team. Please help support the organization that serves over 60 Springdale children and purchase your snacks and soft drinks from the concession stand. Hours of operation beginning June 3 are Monday-Saturday 1-4 pm. Closed Sunday.

## Please: visit bathroom before visiting pool!

There are many things the aquatic staff does to keep the pool water clean but the responsibility doesn't end there. Pool members and their guests can help keep the water as clean as possible by following a few simple steps.

- **Do not swim if you or your child has diarrhea, open wounds, an infection or communicable disease.**

**Reason:** Keep the chance of contaminating the water to a minimum.

- **Visit the restroom before entering the pool and during hourly rest periods.**

**Reason:** Reduces the chances of fecal contamination and amount of urine in the pool, which can cause poor water quality.

- **Children not toilet trained or incontinent adults must wear swim diapers made for swimming and a tight fitting bathing suit.**

**Reason:** To help contain body fluids.

- **Change diapers in the bathroom, not poolside.**

**Reason:** Bacteria can spread to surfaces and objects in and around the pool that can cause contamination.

- **Wear a bathing suit. Gym shorts and underwear are not permitted.**

**Reason:** Reduces the chances of contamination from bodily fluids and fecal matter.

- **T-shirts, shorts, including cut-offs, bathing suits with zippers, and thongs are not permitted. UV protective and snug fitting rash guard apparel are permitted in the water.**

**Reason:** The loose fringe from cut-offs and the fabric breakdown of t-shirts clogs filter baskets. T-shirts can be a safety hazard and are not adequate sun protection. Suits with zippers or metal accessories can cause damage to the slide and injure patrons.

# All about trust!

Why do parents trust Springdale swim instructors with their children's safety?

- Instructors possess the advanced certification of Water Safety Instructor
- Recognized as a "Superior" swim lesson program in the state of Ohio
- Among the lowest student-teacher ratio for swim lessons in the area
- Individual student achievement awards



# Swim Lessons

## LEARN TO SWIM THE RED CROSS WAY!

The American Red Cross Learn-to-Swim classes provide instruction to help swimmers ages 3 to 12 to develop their swimming and water safety skills. It is designed to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water. Your child is in good hands with the Red Cross and Springdale Parks and Recreation Dept. Water Safety Instructors! Registration begins May 1. For more information, contact Springdale Parks and Recreation Department at 346-3910 or visit [www.springdale.org/goplay](http://www.springdale.org/goplay).

## CHILDREN SWIM LESSONS LEVELS 1 & 2

**Class Dates:** All sessions last two weeks, Monday-Friday for 30 minutes. Class times available are 10:30, 11:00 and 11:30 am. There is a limit of 5 children per class.

**Sessions:** 1A . . . June 3 - 14  
 1B\* . . . June 17 - 28  
 2A . . . July 8 - 19  
 2B\* . . . July 22 - August 2

*\*Children enrolled in 1A or 2A classes may not enroll in 1B or 2B until the last lesson of 1A or 2A class.*

### Class Costs:

**SCC Pool Members:** \$5 per session (*Pool Membership must be obtained for 2013 prior to swim lesson sign-up.*)

**SCC Activity & Fitness Members:** \$10

**Non-Members:** \$20

**Level 1:** This course marks the formal beginning of the Learn to Swim Program. Students will learn beginning water skills, which they will progressively build on throughout the program. Some skills taught include: front and back floats and going under water. 5:1 student/instructor ratio. *Must be 3-6 years old by June 1, 2013.*

**Level 2:** The objective of this level is to give students success with fundamental skills. Students learn to float without support and recover to a vertical position. This level marks the beginning of true locomotion skills. Students explore simultaneous and alternating arm and leg actions to lay the foundation for future strokes. 5:1 student/instructor ratio. *Must be 4-6 years old by June 1, 2013, and passed Level 1.*

## CHILDREN SWIM LESSONS LEVELS 3 AND HIGHER

### Class Dates & Costs:

All sessions last 4 weeks Monday-Friday for 30 minutes each day. Class times available are 10:00, 10:30, 11:00 or, 11:30 am. There is a limit of 8 children per class.

**Sessions:** 1 . . . . . June 3 - 28  
 2 . . . . . July 8 - August 2

### Class Costs:

**SCC Pool Members:** \$10 per session (*Pool Membership must be obtained for 2013 prior to swim lesson sign-up.*)

**SCC Activity & Fitness Members:** \$20

**Non-Members:** \$40

**Level 3:** The objective of this level is to build on the skills learned in level 2 by providing additional guided practice. Students are taught to coordinate the front crawl and elementary backstroke. They are also introduced to the scissors kick and treading water. 8:1 student/instructor ratio. *Must be 5 years old by June 1, 2013, and passed Level 2 OR 6 years old by June 1, 2013 with no pre-requisite required.*

**Level 4:** The objective of this level is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their endurance and improve their skills by swimming front crawl and back crawl for greater distances. Students will continue to build on butterfly, elementary backstroke, breaststroke, sidestroke. 8:1 student/instructor ratio. *Must have passed level 3.*

**Level 5:** The objective of this level is to coordinate and refine strokes. Students will

work on refining all strokes and increasing their distances. They will also learn front and back flip turns. 8:1 student/instructor ratio. *Must have passed level 4.*

**Level 6:** This class will refine strokes even further so students are able to swim with more ease, efficiency, power and smoothness over greater distances. 8:1 student/instructor ratio. *Must have passed level 5.*

**Junior Sailfish:** This class will provide special attention to improving on the four competitive strokes and endurance. Ideal for students who might be interested in joining the Sailfish Swim Team or becoming a certified lifeguard. 8:1 student/instructor ratio.

## ADULT SWIM LESSONS

Do you have a fear of water? Not to worry! Our easy going instructors will work with you at your own ability level and at a pace comfortable to you. Already know how to swim but want to learn a new stroke? We can do that too! Whatever your ability is, if you want to improve your swimming skills or increase your comfort level in the water, join us on Thursday nights from 6:30-7:30 pm from June 6 to August 1. This class is open to children ages 13 and up when accompanied by an adult. A maximum of 10 will be enrolled in this class. No class on July 4.

### Class Costs:

**SCC Pool Members:** \$10 per session (*Pool Membership must be obtained for 2013 prior to swim lesson sign-up.*)

**SCC Activity & Fitness Members:** \$20

**Non-Members:** \$60



# City of Springdale

11700 Springfield Pike  
Springdale, Ohio 45246

### Mayor

Doyle H. Webster

Office .....346-5705  
Home .....671-4489

### At-Large Council Members

Ed Knox .....674-7755  
James Squires .....671-6297  
Bob Diehl .....851-6560

### Districts Council Members

1 Lawrence Hawkins III .....300-4607  
2 Holly McQuillan-Emerson ....742-2418  
3 Marjorie Harlow .....671-6916  
4 Tom Vanover .....671-7034

### Clerk of Council/Finance Director

Kathy McNear .....671-2510

### City Administrator

Derrick Parham .....346-5700

### Assistant City Administrator

Jerry Thamann .....346-5700

email .....admin@springdale.org



[www.springdale.org](http://www.springdale.org)

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## NEWS IN BRIEF

### Fifth Annual Farmers' Market opens June 6

Each Thursday from June through October, a Farmers' Market is offered from 3 to 7 p.m. at the south end of the Springdale Town Center, located at the corner of West Kemper and Springfield Pike. Vendors offer a variety of fresh produce, Amish baked goods, honey, handmade soaps and other products. Many vendors from last summer have already re-committed, along with a number of new vendors for the 2013 market. The Farmers' Market is sponsored by the Springdale Chamber of Commerce. For more information, call 346-5712.

### Time to think about school immunizations

Once again, it is time to plan for the next school year. Many parents have questions about whether their child needs more immunizations.

Most children entering kindergarten need to have a complete physical. This is when most will receive the vaccinations needed prior to being admitted into kindergarten.



Children entering the 7th grade will need to have proof that they have received the Tdap booster dose. This is given to children aged 11 - 12 years, although in some circumstances it is given at an earlier age.

If you take your child in for a sports physical, be sure to ask your child's doctor to give any vaccinations that will be needed before school starts. To avoid the long lines and frustration, be sure to make your child's doctor appointment soon or at the beginning of summer vacation.

For more information, contact Public Health Nurse Jean Hicks at 346-5727. Additional information can be found at [www.cdc.gov/vaccines/schedules/](http://www.cdc.gov/vaccines/schedules/)

### Afraid of public speaking? Relax, you'll be among friends

If you have a hesitation about public speaking... or are just flat out afraid, consider attending an upcoming meeting of Toastmasters.

Lose your fear of public speaking and learn skills that will help you be more successful.

You'll be among friends who are striving to improve in these same areas.



The Springdale Communicators Toastmasters Club meets at the Community Center every Tuesday from noon - 1 p.m. For more information, contact Linda Ketchum at 874-4766 or Robert Brockfield at 771-0473 or visit [www.springdale.org](http://www.springdale.org) and navigate to Toastmasters via "Service Organizations."