

Springdale Parks and Recreation Commission
Tuesday, May 7, 2019

On Tuesday, May 7, 2019, Mayor Doyle Webster called the regular meeting of the Springdale Parks and Recreation Commission to order at 7:00pm. Members present were Daryl Dennis, Rob Hormann, Michelle Miller and Josh Monson. Also present was Parks and Recreation Director Greg Karle.

Minutes from the April 2019 meeting were approved.

Items of **Old Business** discussed were:

- **Sports Programming**

Mr. Karle stated that the spring soccer program is progressing well with the regular season scheduled to conclude on May 18. The top two teams in each division will play in a tournament on May 25. Spring youth volleyball ends on May 12. Both Springdale teams are doing very well competitively. All teams will play in a tournament on May 18 & 19. Softball, t-ball and coach pitch were scheduled to begin the last week of April, but all games have been rained out to date. Softball will conclude with a tournament June 22-27, t-ball and coach pitch will finish in mid-June. Fall youth sports registration began on May 1. Sports offered will be Instructional Soccer, SAY Soccer and Fall Volleyball.

The Men's Golf League has been going very well with no rainouts to date. They are on week 6 of 18 with their end of season dinner planned for August 7. The Adult Co-ed Softball League is scheduled to begin this evening with three teams. Each night one team will play a double header with eight games over a period of six weeks concluding with a tournament. Registration will begin on July 1 for the Co-ed Cornhole League. They will play on Tuesday evenings for 9 weeks beginning in September followed by a tournament in early November.

- **Club Rec**

Club Rec will present a new event "Spring Extreme" on Friday, May 10, 6:30 – 8:30pm for children 5th – 8th grade. They will enjoy a fun-filled evening playing the games of summer. City Service and U will be held the week of June 17 – 21. Youth 5th – 8th grade can learn more about our City and its employees with a behind the scene look at the facilities and functions of each department. Club Rec wraps up the summer with a Summer Splash at the pool on Friday, July 12.

- **Adult/Senior Programming**

May 2 Kathy Currier Senior Real Estate Specialist with Coldwell Banker/West shell presented "From Trash & Treasures to Transition" on how to de-clutter and get ready to move! May 9 is our annual Baseball Bingo with hot dogs, popcorn and many prizes! WKRC radio personality and Natorp's resident gardening expert Ron Wilson will appear along with herbalist Rita Heinkenfeld on Tuesday, May 14 to share gardening tips and fun with seniors. June 25 the Springdale Garden Club will facilitate Crafting with your Grandchildren creating a miniature "Fairy Garden." The June Luncheon will be the annual Lunch and Lawn Games featuring bocce ball, cornhole, ladder toss and more. The lunch menu will of course be tradition picnic food.

- **Fitness**

In April, staff held the first Teen Fit class for 2019 with 6 members completing the program successfully. Teen Fit is designed to educate our members 13-17 years old on how to properly utilize the Nautilus and cardio machines, nutrition, how to design a fitness program, and facility rules. There will be sessions offered in September and November.

The new Monthly Maintenance program will kick off on Monday, May 13- Sunday, May 19. This program is designed to help our members stay accountable and see their progress while they are on their weight loss journey or looking to convert fat to lean body mass. If interested in knowing your body fat %, body mass index, and weight, stop by the fitness center or contact Elizabeth Johnson to schedule an appointment.

The May Walk will be on Friday, May 17 from 12:15-2:15 p.m. as the community of Springdale comes together to get outside for a 1-mile walk. Light refreshments and snacks will be provided. In the event of poor weather, the walk will be moved indoors. We will be kicking off our Let's Move Ohio program at this time. Let's Move Ohio is a 6-week program for fitness members to have the ability to see how far they can travel across the state of Ohio. By logging their miles and creating a tracker, members will move their piece across the giant map of Ohio located in the Fitness Center. Participants will start in Springdale and can start their journey to Dayton, Columbus, Cleveland, Athens, Akron, and Toledo.

Summer Gym Class will be a new program offered by John and Elizabeth who will lead a gym class every Tuesday, 12:30 – 1:30pm in the month of June for children age 8 & up. Their emphasis will be Health & Fitness & Games & Activities. Target of the program is getting the kids that hang around the facility involved and kids looking for something to do in the summer time. Registration for this free program will begin mid-May, Members are free and guest of members \$3.

- **Aquatics**

Seventeen lifeguards and four gate attendants have been hired. The Aquatics Director and the Asst. Aquatics Director are both returning this year so we look forward to having a very experienced staff this summer. The annual orientation meeting for the aquatics staff will be on Saturday, May 11 in preparation for the opening on May 25. The orientation not only will cover responsibilities, policies and procedures, but will also include an in-service training that will include a review of rescue techniques, spinal injury management, CPR and 1st Aid.

Registration is underway for swim lessons. Classes are available for ages three through adult.

There will be three special event days at the pool this summer. There will be a Family Fun Day in June, a return of the Cardboard Regatta in July and of course the Goldfish Swim to wrap up the season in August.

Registration began today for the Sailfish Swim Team. They have a Meet the Coach Night planned for May 21.

Cardio splash will be offered again this year on Thursday evenings and Saturday mornings. It is a high energy, low impact water workout. It's fun, refreshing, and open to all ages and fitness levels.

- **Personnel**

There are two new members of the fitness team Will Strohminger and Raychan Richmond. Will has been an active member and is very experienced in and teaches martial arts to children through senior citizens. He is planning to study physical therapy in college. Raychan is a USMC veteran with a personal training certification. He will be starting college this fall in pursuit of a degree in Business Administration and hopes to one day start his own health and wellness business.

Applications are being accepted for Part-time Parks Maintenance Worker, Part-time Custodian and Customer Service Assistant.

- **Arbor Day Ceremony**

The City recognized Arbor Day with ceremonies at Heritage Hill Elementary in the morning and Springdale Elementary in the afternoon. The children sang songs related to trees and the Mayor presented a proclamation recognizing Springdale as a Tree City USA. The Springdale Garden Club donated a tree planted at each school

- **3rd Grade Health Fair**

The annual Third Grade Health Fair took place on Friday, May 3. All 3rd grade classes in the Princeton School District were invited as well as the local private schools. There were over twenty booths sharing information on health and safety. This is a joint effort by the Springdale and Sharonville Recreation Departments, the Springdale Health Department and Princeton School nurses. The department had two booths, one promoting safety around the water and another related to physical fitness.

Items of **New Business** discussed were:

- **Marketing**

The Recreation Department's annual Program Guide should have arrived in most homes by now.

- **Memorial Day Wreath Laying**

Mayor Webster will be laying a wreath with the assistance U. S. Marine Corp veteran Josh Monson on Friday, May 24 at 1pm.

- **Concerts in the Park**

The Concerts in the Park series will features three bands this summer. Lt. Dan's New legs will return on June 20 playing popular dance, pop, hip hop R&B and Rock. July 18 My Girl Friday will feature popular 80's, 90's and 2k rock favorites and Derek Alan Band will take the stage on August 1 with their high-energy popular country with a modern sound and classic roots. The concerts are in the amphitheater 7:30 – 9:00pm. SYB will sell beverages and snack items out of their concession stand.

- **Summer Events**

- a) Neighborhood Yard Sales August 10
- b) Document Shredding Event August 17
- c) Junior Olympics, August 24
- d) Springdale Community Bash September 7

- **Memorial Day – May 27 SCC closed, pool open 1pm – 5pm**