

**Springdale Parks & Recreation Commission**  
**Minutes from Tuesday, October 6, 2015**

Tuesday, October 6, 2015, the regular meeting of the Springdale Parks and Recreation Commission was called to order at 7pm. Members present were Steven Brooks, Carmen Daniels, Doug Stahlgren, Meghan Wisecup and Julie Wright. Also present was Recreation Director Greg Karle.

Minutes from the September 2015 meeting were approved.

Items of Old Business discussed were:

- Mr. Karle reported that the fall youth soccer program is proceeding well. The season ends on October 24<sup>th</sup>. Registration for youth basketball, volleyball and cheerleading began on September 1st and continues with late registration as staff works to fill out the teams and await the cuts on the school teams for the older children. There will be a free Players Skills and Drills Clinic on November 14<sup>th</sup> 10am – noon. The clinic is for children age 7 – 12. Volunteers will run the basketball skill stations and grouped participants will rotate stations every 15 minutes. There will be a featured speaker, Sherwin Anderson (former Xavier Univ. point guard and Harlem Globetrotter). There will also be a Coaches Clinic on the same day 1 – 2:30pm conducted by Mr. Anderson. The interactive clinic will provide the coaches with ideas for drills and skill development.

The Springdale Youth boosters are accepting registrations for their Father Daughter Dance on October 17<sup>th</sup>. Tickets are \$20 per couple (\$5 for each additional daughter). They will enjoy a DJ, dancing, pizza, soft drinks, a root beer float and a keep sake photo.

- Adult/Senior Programmer Donna Lanter and Fitness Center Manager Jay Dennis presented a series of programs for “Active Aging Week” which began yesterday. This program is led by the International Council on Active Aging and is designed to promote the benefits of a healthy lifestyle for adults and seniors. They put together a series of activities that includes social, educational and physical fitness. Some of the planned activities included are: Fly Rod Casting, Pickleball Demo, Paint Ball Art, and Walk a Hound – Lose a Pound.

The October “This & That” program is ‘Ghosts & Spirits of Cincinnati on October 15<sup>th</sup>. Seniors will hear stories of haunted places, not only houses and buildings, but also bridges and railroad tracks affected by the supernatural.

- The annual Junior Olympics took place on Saturday, September 12<sup>th</sup>. There were eight competitive events for boys and girls age 12 & under. The event was well attended with 115 participants. The number of children in the 12 under age group was fairly low and staff is considering eliminating that age group next year. The participants all received a water cup, wrist band and free certificates from Wendy’s and Gold Star. It was suggested that since grades six and above go to the middle school that they may not be aware of the event. Also, as the children get older and move on to middle school the appeal of an event like the Junior Olympics is less attractive.
- The Community Bash took place on Saturday, September 19<sup>th</sup>, 3pm – 9pm. The weather looked a little questionable early on, but it turned out to be quite nice. There was a good crowd and all the activities were well received by the public. The balloons were unable to inflate due to the breezy conditions but they instead placed their burners in the baskets and fired them up throughout the final band’s performance giving a unique effect.

The Family Mud Quest event took place again before the Come Unity Bash. The ½ mile course featured many of the same obstacles with a few new ones added for variety. The non-competitive event emphasized fun, teamwork, and helping each other finish. Team members who completed the course received a commemorative tee shirt. There were approximately 126 people who took the muddy challenge up from 100 participants in 2014. Mr. Brooks suggested that more events that appeal to early teens would be an asset to the Community Bash. Mrs. Wisecup apologized on behalf of the Springdale Elementary PTA for election material being present in their food booth at the Community Bash.

- The Balanced for Life class had its first session on October 2<sup>nd</sup> with 26 seniors in attendance. It’s a very good start, seven classes remain.

SilverSneakers Flex has been averaging 15 participants per class, and we are considering adding an additional class.

- One of our Park Patrol staff, George Iaboni has given his notice to resign at the end of September due to conflicts with his full time job. The position is posted.

I'm very sorry to report that part-time Fitness Instructor, Andrew Messerle passed away in September. He was only with us a short time but made a very positive impression and will be greatly missed by those to had the opportunity to meet him.

- Just in time for Halloween the Springdale's Gone Wild series will present a program called "Lets Get Batty About Bats" on Tuesday, October 27<sup>th</sup>. A naturalist for Great Parks of Hamilton County will provide the presentation, and she will have some of her more friendly bats with her to allow you to get up close and gain a better understanding of these little creatures.

Items of **New Business** discussed were:

- The annual Business and Community Expo will be Tuesday, October 13<sup>th</sup> 11am – 2pm. Area businesses, community organizations, and City departments will be showcased in the main gyms. As in the past, there will be a chili cook off with contestants from city departments and local restaurants. In the auxiliary gym from 12 – 2pm, the Health Department will present their flu clinic and health fair. Flu vaccinations will be available for \$25 (free for children) free if no insurance. Insurance and Medicare can be billed. There will also be free blood pressure checks, hearing, diabetes and BMI screenings. Call the Health Department for an appointment for the flu shot (346-5725).
- The Monster Mania Halloween carnival will be held on Saturday, October 31<sup>st</sup>, 2:30 – 4:30pm. There will be Halloween themed games and activities and Club Rec will be designing and operating a haunted room for tours during the event. Registration began October 1<sup>st</sup>.