



It's that time of year.

# **FIGHT THE BITE**

Protect against

## **ZIKA**

and West Nile

## **Protect Yourself & Your Family**

- Use EPA-approved insect repellent and reapply as directed.
- Remember to apply sunscreen first and then insect repellent.
- Cover exposed skin whenever possible.
- If you're camping or sleeping outside, use a tent.
- Dress kids in clothing that covers arms and legs.
- Cover strollers and baby carriers with mosquito netting.
- Do not use repellent on babies younger than 2 months old.
- To apply repellent to a child's face, spray onto your hands and then apply, do not spray directly onto their face.